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WMNF logging plan called threat to region's woods-based businesses

By MICHAEL DANIELS

A plan by the U.S. Forest Service to further reduce timber harvests in the White Mountain National Forest could have a devastating impact on western Maine and eastern New Hampshire wood mills, according to representatives of the local woods-products industry.

"And it's not just loggers and people in the mills, but also people at places like Sunday River -- who are going to feel the pressure when woods workers are laid off and are going to be competing for scarce local jobs," said Roger Wheeler of Chapman & Wheeler Logging of Bethel.

Reggie Gilbert of Bearpaw Lumber Corp. said the cutting limits "could close us down in this region." It will also, he warned, lead to the further degradation of private lands, by putting more pressure on their timber stands.

The situation in this region, he

said, is becoming "dangerously similar to what we saw in the Pacific Northwest."

Two-thirds less timber

The cause for alarm is the latest Forest Service harvesting plan, which calls for selling off only 9.6 million board feet next year. That figure is roughly one-third of the current year's figure of 29 MMBF.

Leon Favreau, president of Bethel furniture Stock in West Bethel and of the National Multiple Use Association, termed the proposed harvesting level for fiscal year 1995 "just absurd."

During the 1980s, Favreau noted, timber harvests averaged 38 MMBF annually, and the WMNF is rated as having a sustainable yield of 70 MMBF annually.

He characterized the latest cutback as yet another step toward en-

See LOGGING, page 2

Skiway to take a swing at golf

By MICHAEL DANIELS

Officials at Sunday River Ski Resort are eying land near Jordan Bowl as the possible setting for the skiway's long-rumored golf course. The final site and course architect are yet to be selected, according to company spokesman Skip King, but the skiway hopes to begin work on the course within two to three years.

It will probably be built, he said, on the western side of Merrill Hill in Newry.

Having an 18-hole, championship-level course "would help round out Sunday River as a four-season resort," King said.

He noted that since the construction of the Summit Hotel and Conference Center, the resort's off-season business has grown steadily -- from 150 conference room nights last year to an anticipated 10,000 nights next year.

The prospect of a second major course in the area was greeted enthusiastically by Allen Connors, general manager for marketing at the Bethel Inn and Country Club.

"It would be fantastic," Connors said. "We'd love to be able to make Bethel Maine's golf destination."

"Variety is the key in attracting golfers," he said. "A course at Sunday River would allow us to improve our extended-stay packages."

"What black flies?"

A similar golf course at Sugarloaf/USA, Sunday River's in-state rival, has helped establish the Carrabassett Valley resort as a four-season destination.

The Sugarloaf course, built in the early 1980s, has had a well-publicized history of black-fly problems, but King expressed confidence Sunday River's proposed course would suffer from no such afflictions.

"Black flies?" he said. "What black flies? I'm sure any quantitative sampling would demonstrate conclusively that there are far more black flies at Sugarloaf than at Sunday River."

(A Sugarloaf spokesman notes that improving drainage, clearing woods along the fairways, and encouraging bats and swallows have greatly reduced that course's problem with black flies.)



GOING DOWNHILL FAST—Dave Lamb of Hampstead, N.H., attacks some of the 900 vertical feet in the cross-country competition at last weekend's River Rage Mountain Bike Festival. Lamb, one of more than 300 weekend competitors, took third place in the men's pro/expert category. The race weekend, sponsored by NORBA (National Off Road Bicycle Association) also attracted hundreds of spectators. Top finishers are listed on page 11.

(Photo by Sharon McNeill/Sunday River)

G'wood tax hikes protested

New bills for some residents have more than doubled

By WENDY HANSCOM

The bills have gone out and now the complaints are coming in.

Three Greenwood residents turned out at last week's selectmen's meeting to complain about their tax bills, and another five wrote to express their displeasure.

Some taxpayers found their bills well over 100 percent higher than last year -- due to revaluation, higher school assessment and loss of some town valuation.

The town's mil rate has risen from 13.8 to 16.65.

Selectmen are blaming the increase on an increase in their SAD44 FY '95 assessment.

The town's fiscal year is different from the district's, but Greenwood's assessment has gone from \$480,728 to \$543,356.

The new mil rate is a 2.85 increase. Last year a homeowner with \$75,000 of assessed value would have paid about \$1,035 in property tax. At this year's mil rate, the same homeowner would be taxed approximately \$1,249.

The town also recently completed a revaluation. Homeowners whose valuation went up got hit extra hard this year.

The town also lost \$1 million in commercial valuation, according to selectmen.

Several businesses in town were overvalued, selectman Marie Bartlett said, and their assessment has been decreased, which amounts to about a \$1 million loss.

"Our mil rate would have gone to 16 even without the revaluation," Bartlett said last week. "It's costing us a lot more this year to pay SAD44. The purpose of the

See TAX HIKE, page 3

Bethel nixes train-station ownership

And voters approve Airport Industrial Park site for town garage

By MICHAEL DANIELS

Apparently believing there's no such thing as a free train station, Bethel voters have replied, "Thanks, but no thanks," to the idea of the town owning the Bethel Station depot.

More than 200 voters turned out for a special Town Meeting Monday, where they rejected the train station offer, but gave their stamp of approval (or at least grudging acceptance) to the decision to locate the new town garage at the Airport

Industrial Park.

The train station vote is unlikely to have any significant impact on the \$25-million Bethel Station Project.

The station will still be built with federal funds (assuming a pending grant application is approved), only now it will be the state, rather than the town, which takes title to the property and leases it back to the developers.

"We're just as happy to have the state own it as the town," developer

Les Otten told the meeting Monday, "but there will be several hundred thousand dollars invested in the station, and at some point it might be useful to have the town own it."

But other speakers appeared convinced that, one way or another, owning the station would wind up costing the town money. And still others objected to the whole idea of the government -- rather than the developers -- footing the bill for the facility.

And once again, objection was

raised to the elimination of log loading at the station siding (although the vote turning down ownership of the station effectively removed any control the town might have had over the site -- and the elimination of in-town freight handling now seems assured.)

And for their part, the developers presented no compelling advantages to the town in owning the station.

After 45 minutes of discussion the

See STATION, page 3

Rebel booters kick off season with high hopes

By WENDY HANSCOM

"We're better than a year ago and we're the best we've been in quite a while," said Telstar High School soccer coach Bob Remington, who is predicting another winning season on Rebel soccer.

The team has most of its key players back and that experience combined with enthusiastic younger players will probably put the Rebels into the post-season playoffs again this year, the coach said.

Last year the team went 8-2-2, and ranked fifth in Western Maine State Class C. The Rebels came in second behind Carrabassett in the Mountain Valley Conference. The Cobras also took Telstar out of

post-season action in the quarterfinals.

The Rebels have looked good in the pre-season.

Telstar beat Fryeburg Academy 3-0 last week. Friday the Rebels scrimmaged in a grueling tourney at Mountain Valley. Telstar played seven, 25-minute games back-to-back in 80 degree, humid conditions, Remington said.

Experience will be on the Rebel's side this season, even though the team lost five players to graduation. Sean Gilson, Chris Howe, Josh Fogg, Nate Harvey and Rob Green-

well joined the alumni ranks in June. But there's several returning lettermen on this season's 17-man squad.

Seniors Todd Wing, Sean Kangas,

See SOCCER, page 2

EARLY DEADLINES For Labor Day Holiday

ALL DISPLAY & CLASSIFIED ADVERTISING & NEWS ITEMS ARE DUE AT THE CITIZEN

FRIDAY, September 2, NOON
for the September 7th issue.

The Bethel Citizen office will be closed on Monday, September 5th in observance of Labor Day.

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Catered by Woodstock Elementary PTA

ROLL 'EM-SAD44 buses hit the streets today (Wednesday) looking for kids ready (or not) to go back to school. Here, Virgil "Tink" Conkright tries out one of the buses' new two-way radios. Conkright said district drivers have talked to other school buses as far as Portland and Fryeburg.

(Photo by Wendy Hanscom)

Briefly

Trucker kills moose, knocks out power

BETHEL--A Columbus, Ohio trucker swerved to miss a moose Wednesday night, lost control of his vehicle, hit and killed the moose and crashed into a power pole. William Swackhamer, 21, was traveling west on Route 2 around 9 a.m. when the moose crossed in front of him near the Department of Transportation garage on Route 26. He hit a utility pole and a telephone box before his truck came to rest in a ditch. East of the accident, power was out for six hours in Bethel and Newry. Damage to the trailer truck was estimated at \$5,000.

More town manager talks

GREENWOOD--A committee studying the town management form of government met last week with Woodstock's town manager. Vern Maxfield told the group that he would not recommend that Greenwood and Woodstock share a town manager. He said it would be important for Greenwood to have a town manager that would have daily contact with town residents. Maxfield said a town manager can help even a little town get more grant money. People may be more willing to serve as selectmen, he said, if a town manager handled most of the day-to-day business of running a town. The committee will meet with Bethel Town Clerk Merton Brown next on Sept. 8. Once the committee's study is complete, it will report to selectmen with its findings. Then the issue may be put to the town for a vote.

Another Andover official resigns

ANDOVER--Town treasurer Betsey White submitted her resignation to selectmen last week. The resignation is effective on Oct. 1. Deputy treasurer Alex Legault also recently announced his resignation, effective Sept. 30. The two resignations will leave the town with no one to handle financial matters, according to selectman Kathy Williamson. "I really feel bad about this," Williamson said. "I am really sorry to lose Betsey, but it is something she didn't want to put so much time into. It takes a lot of time. If things keep going the way they are going, we are going to have to have a town manager. We are looking for someone to fill her vacancy until March, when someone can take out nomination papers. If anyone is interested in the position, please notify the selectmen at the Town Office."

Museum expansion planned

WEST PARIS--The West Paris Historical Society plans to use \$350 from a Maine Arts Commission grant to expand its display area. The expansion would include four small rooms. The rooms would provide about 1,500 square feet of wall space for new shelves or to display old photos and artifacts.

Rabid fox attacks Vermont man

BENNINGTON, Vt.--A Bennington man was attacked and bitten recently by a fox that tested positive for raccoon rabies, according to Vermont state health officials. Frank Blake, 42, was cutting paneling with an electric saw when a fox attacked him. Blake lifted his arm to ward off the attack and the fox bit his arm. The fox had also been seen chasing cats in the area and was later shot. Blake will receive a series of shots for rabies. This is the 99th confirmed case of rabies in Vermont since the beginning of the year.

Nine-year-old joyrides then crashes

LEE, N.H.--A boy, 9, took his family's minivan on a 25-mile jaunt that ended in a crash, according to Lee, N.H. police, who found the unidentified boy alone at the crash scene last week. After his 25-mile ride, the boy drove the van off the road, hit three trees and rolled it onto its side. He was treated for bumps and bruises and released to his parents.

Man accused of stealing sunken logs

SEATTLE, WASH.--A Seattle forester has been charged with stealing 1,000 year-old logs from the bottom of Lake Washington. The president of Western Wood Lumber has been accused of using a crane to pull out about \$165,000 of logs from the lake bed. The state says they own the lake bottom and the logs. Prosecutors in the case say the trees fell into the lake during landslides between 1,000 and 3,000 years ago. The wood was preserved in the deep lake bed because of the low oxygen content. The man faces 22 charges and if convicted, he could be sentenced to 10 years in prison.

Norway wants its own power company

NORWAY--Town officials in Norway set up a meeting last week to explore how the town could form its own power company. Municipalities are allowed by state law to create their own utility companies. Norway would have to negotiate with Central Maine Power to purchase existing lines, poles and equipment in the area. The town would probably have to hire a mediator to help with the deal. Gordon L. Weil, an Augusta consultant to municipally owned and operated utilities, said CMP would probably fight against Norway establishing its own power company. CMP could argue it has made a capital investment to serve Norway-area customers. But the town would probably save money going independent, Weil said, because there is a variety of power suppliers available, which creates a competitive market. One Maine community formed its own utility service, he said, and then contracted with CMP -- at a lower price than the company was charging -- to provide power.

Evans Notch project: what's next?

BETHEL--Now that consultant Gregory Herrick has finished compiling the Evans Notch Economic Base-Line report, the project's advisory committee must decide what its next step will be. Herrick has suggested that the committee consider a business visitation program and the establishment of a regional resource center for businesses. The committee plans to invite representatives from all business interests in the Bethel-area to a meeting Sept. 20 at 6:30 p.m. to discuss setting up a business visitation program. The place for the meeting will be announced later.

Tax hike

Continued from page 1

revaluation was to get everyone back on an even keel. Things weren't on an even keel before," Selectman Harry Swan agreed.

"We had the revaluation to get everyone treated on an equal basis," he said, "regardless of what your name is or anything else."

Selectmen basically told those coming in to complain that unless their assessment record contained an error, there was little they could do but pay up.

Complaints come in

All three people who came in last week to complain had substantial increases in their valuation.

Ed Mason's assessment was in error and will be corrected, selectmen said.

The other two could find little wrong with their revaluation, but that did little toward making them any happier about their tax bills.

Swan told both men that "flatlanders" would be willing to pay the assessed values or more.

Ray Harrington was one of the complainants. He brought in the bill on his mother's estate. The tax bill and the estate's evaluation were both up. The tax increased from \$650 to \$1,600, he said.

SAD44 blamed

Bartlett told Harrington, a SAD44 School Board member, that he could blame the district for the increase.

"I hope you're telling everyone that comes in here that and not just me, because I'm on the School Board," Harrington said. "If you're laying it to the School Board then that's probably fair. I voted against this budget, and I've voted against

'I wouldn't mind it so much,

if (CPS principal

David) Murphy

had come right

out and said,

for example,

that it was going

to cost about

\$100 more per

person to build

that school,

but he didn't.

He told us it

would save

money.'

HARRY SWAN
Greenwood selectman

budgets for a long time."

Selectman Swan said he felt the town had been lied to about the cost of the new Crescent Park School project.

"I wouldn't mind it so much,"

Station

Continued from page 1

voters rejected the proposal 87-117.

The train station vote (on a secret ballot) was considerably closer than the votes on the two articles that followed.

Voters first rejected overwhelmingly the idea of spending \$70,000 to purchase and prepare an alternative site for the town garage. And an amendment calling for raising only \$35,000 was also rejected handily.

Then they took up discussion of the Airport Industrial Park site.

Bob Saunders and former selectman Norm Putnam argued that the decision to use the AIP site would cost the town in the long run and reduce the possibility of creating new jobs at the industrial park.

Jack Greig angrily questioned why the selectmen had sought advice from the AIP committee, if they intended all along to settle on the site there.

But selectman Dutch Dresser argued that the board had in fact given serious consideration to a dozen other sites.

His own final decision, he said, was based on three factors: that taxpayers had clearly indicated they didn't want town money spent on the town garage relocation, that most people he had talked with said "they didn't know of a better site than the Airport Industrial Park," and that locating the garage anywhere else would have a significant negative effect on neighboring properties.

After only a half hour of discussion the article was moved and easily defeated.

The Bethel Planning Board last week approved the site plan application for the new town garage. Work on the new facility is expected to begin shortly.

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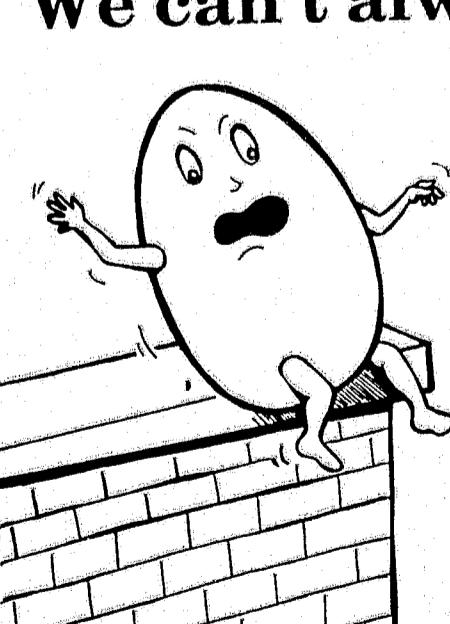
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Stressing school bus safety

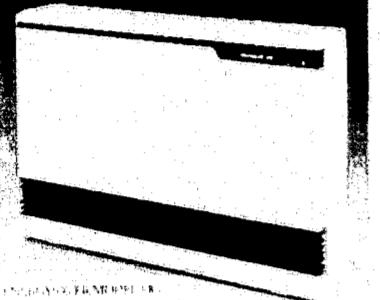
Riding to school on the traditional yellow bus is an exciting activity for a new student, but parents should stress safety from the beginning, according to AAA Maine.

Although more than 22 million pupils nationally ride school buses each day, being transported to school generally poses few dangers. However, AAA Maine warns it is not completely without risk. During the 1991-1992 school year (the latest national statistics available), an estimated 110 persons, including 35 pupils, were killed in school bus accidents. Another 8,300 students were injured.

Knowing where to stand and being alert to traffic while waiting for the bus, behaving while riding it and exiting safely can make an important difference in a student's life.

"As you'd expect, students are injured most often when the school bus approaches or leaves a loading area," said AAA spokesman Matt McKenzie. Incidents usually occur when children near the bus move out of the driver's line of sight. This might happen when they bend down to pick up a dropped article, or walk behind the bus or where they can't see the driver."

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NEW MIDDLE SCHOOL PRINCIPAL AND FAMILY
Richard Blackman, center, is the new Telstar Middle School principal. His wife, Linda, is the new high/middle school librarian. Their children are (from left) Caressa, a junior at Dlirio High School; Rick, who is employed by Lemay Distributors; Ian, a freshman at Mountain Valley High School; Jessica, an eighth-grader at the Peru School and Clifford, a first-grader at the Merobey School. The Blackman family lives on the East Andover Road in Rumford Center.



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NEW MIDDLE SCHOOL PRINCIPAL AND FAMILY-- Richard Blackman, center, is the new Telstar Middle School principal. His wife, Linda, is the new high/middle school librarian. Their children are (from left) Caressa, a junior at Dirigo High School; Rick, who is employed by Lemay Distributors; Ian, a freshman at Mountain Valley High School; Jessica, an eighth-grader at the Peru School and Clifford, a first-grader at the Meroby School. The Blackman family lives on the East Andover Road in Rumford Center.



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CPS hydrant may be moved

By WENDY HANSCOM

The new Crescent Park School has met with the Bethel Fire Department's approval, but fire officials are asking that a hydrant be moved.

During a recent inspection, firefighters got a chance to familiarize themselves with the building and look for any safety concerns.

Fire Chief Jim Young suggested that an existing fire hydrant next to the fence between CPS and Bethel Park Apartments should be moved closer to the school building.

Firefighters were concerned that it would be difficult to get a truck to the hydrant in the winter. It might be best to move the hydrant while the school was finishing up its construction phase, they suggested.

SAD44 business manager Bruce Powell said he has contacted the Bethel Water District and asked the agency to take a look at the hydrant and determine if it needs to be moved.

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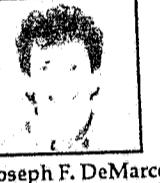
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Andover

By KAREN MCKAY

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Mr. and Mrs. Richard Johnston, formerly of Andover, are here visiting relatives and friends. They are staying at Virginia and Gordon Justard's camp at Garland Pond. Polly and Dick can be reached at P.O. Box 114, Andover, ME 04216, c/o R. Mills.

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Bethel

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**HIGH SCHOOL CROSS-COUNTRY 1994**

DATE	TEAMS	PLACE	TIME
AUGUST			
Saturday, 27	Lisbon Relays	Lisbon	TBA
SEPTEMBER			
Saturday, 3	Jay Invitational	Jay	TBA
Tuesday, 6	Jay/Lisbon/Leavitt	Telstar	4:15
Tuesday, 13	Mt. Abram/Jay	Mt. Abram	4:15
Tuesday, 20	Jay/Winthrop	Jay	4:15
Tuesday, 27	Lisbon/Leavitt/Liv. Falls/Winthrop	Lisbon	4:15
OCTOBER			
Saturday, 1	Berlin/Others	Berlin	2:00
Tuesday, 4	Dirigo/Winthrop/Mad.	Telstar	4:15
Saturday, 15	MVC Meet		
Saturday, 22	Regional Meet		
Saturday, 29	State Meet		

MIDDLE SCHOOL CROSS-COUNTRY 1994

DATE	TEAM	PLACE	TIME
SEPTEMBER			
Thursday, 15	Tripp	Telstar	3:45
Thursday, 22	Madison/Livemore Falls	Livemore Falls	3:45
Wednesday, 28	Livemore Falls/Mt. Blue	Mt. Blue	3:45
OCTOBER			
Thursday, 6	Madison/Jay	Jay	3:45
Wednesday, 12	Livemore Falls/Tripp	Tripp	3:45
Monday, 17	Sandy/Andy Championship	Madison	3:45

HIGH SCHOOL JR. VARSITY & VARSITY SOCCER

DATE	TEAM	JV SOCCER	V SOCCER	TIME
AUGUST				
Wednesday, 24	Fryeburg	Away	Away	5:00
	Academy Exh.			
Friday, 26	Instructional	Away	Away	10:00
	Tourney at Mt. Valley			
Tuesday, 30	Sacopee Exh.	Home	Home	3:30
SEPTEMBER				
Friday, 2	Berlin	Away	Away	3:30
Wednesday, 7	Leavitt	Home	Home	3:30
Friday, 9	Lisbon	Away	Away	3:30
Tuesday, 13	Dirigo	Home	Home	3:30
Saturday, 17	Mt. Valley	Away	Away	6:00
Tuesday, 20	Wintrop	Away	Away	3:30
Friday, 23	Jay	Home	Home	3:30
Tuesday, 27	Carabec	Away	Away	3:30
Thursday, 29	Mt. Abram	Home	Home	3:30
OCTOBER				
Monday, 3	Mt. Valley	Home	Home	3:30
Wednesday, 5	Leavitt	Away	Away	3:30
Friday, 7	Dirigo	Away	Away	3:30
Thursday, 13	Lisbon	Home	Home	3:30

HIGH SCHOOL JR. VARSITY & VARSITY FIELD HOCKEY

DATE	TEAM	JV HOCKEY	V HOCKEY	TIME
AUGUST				
Saturday, 20	Play Day	Away	Away	9:00
	At Messalonskee			
Wednesday, 24	Fryeburg	Home	Home	5:00
	Academy Exhibition			
Tuesday, 30	Sacopee Exh.	Away	Away	3:30
SEPTEMBER				
Friday, 2	Berlin	Home	Home	3:30
Wednesday, 7	Lisbon	Home	Home	3:30
Friday, 9	Dirigo	Away	Away	3:30
Monday, 12	Wintrop	Home	Home	3:30
Wednesday, 14	Livemore Falls	Home	Home	3:30
Wednesday, 21	Mt. Valley	Away	Away	3:30
Friday, 23	Jay	Away	Away	3:30
Wednesday, 28	Leavitt	Home	Home	3:30
Friday, 30	Dirigo	Home	Home	3:30
OCTOBER				
Wednesday, 5	Lisbon	Away	Away	3:30
Friday, 7	Wintrop	Away	Away	3:30
Wednesday, 12	Jay	Home	Home	3:30
Friday, 14	Leavitt	Away	Away	3:30

MIDDLE SCHOOL JR. VARSITY & VARSITY SOCCER

DATE	TEAM	JV SOCCER	V SOCCER	TIME
SEPTEMBER				
Thursday, 8	Gorham, NH	Away	Away	3:30
Monday, 12	Mt. Blue	Home	Home	3:30
Thursday, 15	Dirigo	Away	Away	3:30
Monday, 19	Mt. Valley	Away	Away	3:30
Wednesday, 21	Peru	Away	Away	3:30
Tuesday, 27	Tripp	Away	Away	3:30
Thursday, 29	Mt. Blue	Away	Away	3:30
OCTOBER				
Wednesday, 5	Mt. Valley	Home	Home	3:30
Friday, 7	Dingo	Home	Home	3:30
Tuesday, 11	Peru	Home	Home	3:30
Friday, 14	Tripp	Home	Home	3:30
Monday, 17	Gorham, NH	Home	Home	3:30
Tuesday, 19	Sandy/Andy Soccer Playoffs 1-4; 2-3			
	Championship TBA			

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DATE	TEAM	JV HOCKEY	V HOCKEY	TIME
SEPTEMBER				
Thursday, 8	Gorham, NH	Away	Away	3:30
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Tuesday, 20	Mt. Blue	Home	Home	3:30
Thursday, 22	Mt. Valley	Away	Away	3:30
Monday, 26	Jay	Away	Away	3:30
OCTOBER				
Tuesday, 4	Tripp	Home	Home	3:30
Thursday, 6	Mt. Blue	Away	Away	3:30
Thursday, 13	Mt. Valley	Home	Home	3:30
Monday, 17	Gorham, NH	Home	Home	3:30
Tuesday, 18	Jay	Home	Home	3:30
Thursday, 20	Sandy/Andy Field Hockey Playoffs 1-4; 2-3			
Monday, 24	Sandy/Andy Field Hockey Championships			

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Andover

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East Bethel

By NANCY MERCER

Neil Olson had the largest crowd ever at his Trappers' Weekend. People came from California, Arkansas, Pennsylvania, New Jersey, Ohio, Connecticut, Massachusetts, New York, North Carolina, as well as Maine. Several Canadian provinces were represented also.

Mr. and Mrs. Charles Smith took Freda Edmonds to the Chief's Table in Norway for dinner on Aug. 24.

Mr. and Mrs. Charles Smith attended the pig roast at Neil Olson's on Aug. 20. This was for their 57th wedding anniversary. Also, it was Polly's and Linda Olson's mother, Elsie Sullivan's 80th birthday.

Mr. and Mrs. Chris Olson and sons Kane and Karl went to see the new Crescent Park School recently. They all thought the new building was super.

Alce Grant of Cape Elizabeth visited Leslie Noyes, Nina Mollicone and Elise Grant, who is visiting from Maryland. Elise has been visiting her mother, Carolyn Grant, in Winterport.

Mr. and Mrs. Pete Kowan and son Paul of New Jersey visited Florence Hastings recently.

John and Agnes Foster were at Moosehead Lake recently. They were in Wisconsin to see their new grandchild.

Mr. and Mrs. John Foster and several friends had a cookout at Al-bert Foster's last week.

Leland Coolidge and Albert Foster had supper in Rumford on Aug. 23.

Bryant Pond

By ALICE HOYT

A family picnic was held at the home of Mr. and Mrs. Mickey Perry and family on Saturday. This was a Hoyt family picnic with around 70 attending, including the families of Donald, Ralph, Raymond and Kenneth Hoyt; Frances and Alice Hoyt; Shirley McKenna and family; also a few McDonald aunts, Cappy Litalien, Esther McDonald, Alice Gould and Uncle Frances McDonald, with some of their families. A good time of eating, talking and fun and games was enjoyed by all.

The Woodstock-Greenwood Senior Citizens will meet on Thursday, Sept. 1 at the Bryant Pond Grange Hall with Franklin Grange putting on the dinner and the program will be the "Handyman."

Franklin Grange 124 will meet for "State of Maine Night" on Monday, Sept. 5.

Evelyn Bean gave a Pythian Sisters cookbook to the Historical Society. Curator Larry Billings has given an art print of an old mill to the society; he also gave an old piece of silverplate which was his gift at the end of summer. He also gave a tin. The historical museum will close the second Saturday in September, so visit while you can. The society records our past and provides interesting exhibits to enjoy.

Callers at Mr. and Mrs. Harris Hathaway's this week have been Mr. and Mrs. Warren Hathaway of Harvard, Mass.; Ray Jordan, Jr., of North Yarmouth; Phyllis and Reynold Jordan; Harriet and Laurence Estes; Debbie Millett and Vance Jordan.

Lucky kids will be starting school next week. People, please drive extra careful.

Kate Flynn remains in the Northern Cumberland Memorial Hospital in Bridgton, but she hopes to come home soon.

East Stoneham

By ELEANOR NELSON

I was sorry to have had other commitments and missed the Open House on Aug. 17 at the Bethel Citizen. I heard it was very enjoyable and it would be nice to meet the other town correspondents. Congratulations and best wishes to the Bethel Citizen, on your nice, new, bright interior workplace.

One evening last week 14 members of Albert and Eleanor Nelson's family got together at a restaurant in Harvard, which was very enjoyable.

Vicki and Steve Pike are back from Alaska where they visited his brother Jack. They had a great time fishing. Vicki got the first one, weighing 15 pounds, and I believe the one that Steve caught weighed in at 80 pounds. It must be quite an experience to land such big fish.

Joan Grover is at home after spending few days on the coast with friends.

Congratulations go out to Melissa Fox and Steven Evans on their recent wedding, which took place at the First Congregational Church of Christ in North Conway with a reception at the Eagle Mountain House in Jackson, N.H. The best man was Steven Gagne and maid of honor was Christine York; bridesmaids were Tonya Fox and Jamie Hamlin; flower girl was Laurie Brydon; ring bearer was Craig Foss; ushers were Dan Evans, brother of the bridegroom, and Travis Fox, brother of the bride; organist was Alfreda Brown; soloist was Mary Johnson; and the Rev. Wesley E.

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Thought of the day: You don't get ulcers from what you eat. You get ulcers from what's eating you.

Palmer was the minister. Melissa is the daughter of Peter and Cindy Fox, and Steven is the son of Mr. and Mrs. Philip Evans of Eaton, N.H.

Bob Tripp has been doing a lot of repair work on his woodshed.

The Fox Bros. have been working at Grover's Mill this past week, painting, etc.

Cheryl and Paul Barnard, Josh, Jenna and Lindsey, and cat "Pepper," left town last Thursday and have gone by car to Virginia where he will be stationed for the next few years. We haven't heard from them yet, but hopefully they arrived there safely.

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Elderwood Manor

By FLORENCE HALL

Julie Ann and Denise Slack, Lafayette, N.Y., Norman and Lynn Planter of Maryland were home for the White reunion at Lester White's home. Norman and Julie White, Julian, Norma, Sandy, great-granddaughter Denise, Lynn and great-grandson Keagen went to Far East Restaurant for lunch.

Gertrude Hutchins went to Rumford on the bus Wednesday.

Willard Colby's address is: Norway Convalescent Center, Marion Avenue, Norway, ME 04268.

Louis Hall, Roxbury, took Florence shopping in Rumford on Monday and for an appointment in Lewiston with Dr. Greco on Wednesday.

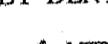
Eva Richard, Mexico called on Florence Hall and Gertrude Hutchins on Tuesday.

Mr. and Mrs. Stephen Hall, sons Greg and Glen visited Aunt Florence while in town for the White reunion.

Thought of the day: You don't get ulcers from what you eat. You get ulcers from what's eating you.

John R. Mason, D.D.S.

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Sarah Hart will be in a model-fit at Fashion Bug this Saturday.

Get out getting donations for Make-A-Wish Foundation for little boy who has a bad heart. He is about five years old and wants to go to Disney World. As Sarah gets the donations, I visited some friends and relatives along the way. We called on Claribel Polk, Tommy Polk, Sherry Polk, and Wayne Lawrence, Beverly Stevens, Terry Merrill and family, Chet Kyser, Maude Alice Hart and Karen Wing. The visits were much enjoyed and sometimes stayed longer than I intended. Megan and Randi Mack are going to model at the Fashion Bug this week.

I turned one important birthday in August. It was President Clinton.

Everyone is out shopping this week. The stores are crowded with parents and students trying to find the best buys. I think all the children are anxious to go back even if they say they are not. The buses will be running next week; please be careful.

Percy Monk, road commissioner of Woodstock, has been doing some ditching on our road, Curtis Hill.

Barbara Cash is still in the hospital and I hear she had to have another operation while there. I wish her the best and hope she feels better soon.

Richard Wing mowed the lawn on the Olve Davis place one night this week. It is quite a large area and he does a very neat job.

Tommy Polk and I have been setting up for the sale as we had time the last couple of weeks. Not quite a job so have tried to do a little at a time.

Larry Billings, curator, Woodstock Historical Society reports that he has given an old piece of silverplate to the society. He also donated a decorative tin recently. The society examines all aspects of civilization.

The museum will close the second Saturday in September. Thanks to all who watched it and all who visited.

Quote of the Week: "I've learned that gossip is someone who usually gets caught in his mouth trap."

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West Paris

By MIRIAM INMAN

The West Paris Historical Society is pleased to announce it has received a grant in the amount of \$350, from funds generated by the Maine Arts Commission which were awarded by the Oxford Hills Council for the Arts (OXCART) as a result of an application filed by the society to OXCART at their office in South Paris.

The award came at a very opportune time, because the members of the society are currently working on a project in the museum which will enhance the ability to display artifacts, memorabilia, and other articles in the museum, located in the former I.O.O.F. building on Main Street, West Paris.

This project consists of construction of four small rooms (cubicles), which will enable the society to categorize and display items in each respective room. These rooms also will provide 1500 square feet of additional wall space, which will be used to display old pictures, photos, paintings, etc.

The grant money only will be used to purchase shelving materials, enabling the society to show smaller artifacts, as well as books, photo albums, etc., on some of the newly constructed walls.

Plans are also being made to establish a reading room adjacent to the main museum, and it is hoped that part of this grant money can be used to purchase shelving materials for this project.

Members are donating their time and labor for these projects, so the entire funds are used only to purchase materials. Although no target date has been set for completion of these projects, the members wish to complete them as soon as possible in order to provide a more interesting and orderly display of the

numerous old artifacts and memorabilia in the museum.

Anyone willing to donate their time to assist in these projects can contact any of the officers of the society. New members are always welcome, and dues are \$5 per year.

The society invites and encourages anyone to visit the museum, although at this time viewing is limited due to the construction. When the project is completed an announcement will be made so the public can come to see the new improvements.

Officers are Harlan Abbott, president (674-2385); Vernon Inman, vice president (674-2295); Miriam Inman, secretary (674-2295); Ida Gurney, treasurer (674-3885); and Joyce Lamb, curator (674-2002).

Songo Pond

By ALICE KIMBALL

On July 9, descendants of the Lapham family which originated in this area gathered at the Hadley camp in Locke Mills for a family reunion. Those attending were: Mrs. Elizabeth Lapham, Byron Lapham and daughter Jamie and friend Joe Starbird; Timmy and Corey Lapham, Phyllis and Bill Bancroft, all of Albany; Earl and Mary Keniston of Bethel; Walter A. Jr. (Tony) Lapham and Gertrude, Muriel, Jr. and Lisa Lapham and daughter Ashley Mars, all from Morrill, also Lisa Lapham and friend Heath Nichols; Mike and Paula Dyer and sons Ben and David of Lincolnville; Norman Lapham and fiancee, Rosemary Lapham and son Jacqui and Brandon from Levittown, Penn.; Marion Arsenault, son Paul and Betty and daughter Jennifer, Debbie Arsenault and daughters Denise, Amy and Katie, all of Norway; Lee and Linda Arsenault, Renee and Megan of South

Paris; Douglas and Bonnie Van Durme, Erica and Travis of Margate, Fla.; Shannon Foster and fiancee of Deerfield Beach, Fla.; William Kimball of Buckfield; Muriel L. Kimball of Waterford, son Mathew and fiancee Amy of Fryeburg; William Kimball, Jr. of Waterford; Muriel Sue Kimball and daughters Shauna Lee and Arna, Tom Leblanc and son from Bridgton; Linda Wakeford and son Damon and friend Michael O'Sullivan of Harrison; Wade and Sue Kimball, daughters Heather and Kayla of South Waterford; Brenda Gerry and daughter Bobbi-Jo of Fryeburg, the host and hostess Jeffrey and Sharon Hadley of Waterford. Refreshments, games and general visiting were enjoyed.

Dr. and Mrs. Charles Spiltoir from Cheshire, N.H., and Englewood, Fla., were guests of Mrs. Ethel Herr last week.

Mrs. Barbara Grandin from Englewood, Fla., is visiting her mother, Mrs. Ethel Herr here for a week. Other recent visitors have been Natalie Smith and Mary Jones, Mr. and Mrs. Mark Hamlin from Berlin, N.H.

Norma and David Salway spent Sunday with Brandon and Tara in Old Orchard Beach.

Lawrence Day of New Sharon with his daughter Janice and husband from Ellsworth visited with me Tuesday afternoon. He and Ralph Kimball used to work together on bridge and road construction jobs.

Mrs. Merlie Stone of South Paris visited with me Wednesday.

Mr. and Mrs. Edwin Gardner of Waterford called on Phyllis and Bill Bancroft Wednesday evening.

Time heals grief; love prevents scar tissue.

Gilead

By LOUISE LORING

On Sunday, the 21st, Darlene Corriveau hosted members of the

Corriveau-Russell family at a reunion held at her home on the North Road. A menu consisting of surf and turf and all the fixings was enjoyed by the 100 or so guests. An enjoyable time for all these families coming together as a body. This was the third annual meeting of its kind and is expected to be an annual event.

On Saturday, Aug. 20, Fabian Corriveau was tendered a going away party, held at the home of his parents, Mr. and Mrs. Fernand Corriveau. Many friends and family members attended. Fabian left on Tuesday, the 23rd, for Chicago, Ill., where he will take his basic training with the Navy. He has enlisted for a three-year tour of duty. Bon Voyage and Good Luck Wishes go out to him from the community. He will be missed by all of us. On Monday, the 22nd, Fabian became an Eagle Scout at a ceremony held in his honor.

Also on Monday, the 22nd, Beverly Corriveau and Fabian took some of the younger members of the immediate family to Fun Town, U.S.A. for an end-of-the-summer outing. While standing in line they ran into Merton Brown and his family.

On the 20th and 21st my husband and I, and Mildred McLain and daughter Linsley and husband Hugh held a combined yard sale here in town. We took our lunches and sat under the trees, and we had an enjoyable time meeting people from all parts of the country.

Mildred McLain was elated to receive birthday greetings from the White House -- signed by President Clinton and Hilary Rodham Clinton. Mildred was 85 years young on the 27th and spent an enjoyable day hearing from friends, family and neighbors.

Those of you who read my column from the Bryant Pond area, and who know my brother, the late Raymond K. Bryant, might be interested to learn that his daughter Gail and her

husband Jeffery from Corinna are receiving congratulations on the birth of a 5 lb., 15 oz. baby girl, born on Aug. 22 at 9 a.m. She is a petite redhead, they tell me, and bears a strong resemblance to her great-grandmother, the late Elsie (Mrs. Lester) Bryant. She has been named Kerri-Lee and joins a sister, Erin, who is 6 years old. What joyful news this was to me! And time marches on.

And how was your week?

High Street

West Paris

By RUSSELL YATES

Monday evening, we attended Gentleman's Night at Franklin Grange in Bryant Pond. I was in charge of getting the officers and program for the evening, and, if I do say so, I think I did a pretty good job of it. The attendance was rather small, but those that did come seemed to enjoy themselves.

It rained most of the day on Thursday, and we chose this time to go to Auburn to visit sister Viva at the Odd Fellows Home. We found her asleep, but she soon awoke. She was quite alert and tried to talk to us quite a lot, but we can't understand much that she tries to say. Visits are not very satisfying when you can't communicate with the patient.

Thursday evening, we attended Musical Night at West Paris Grange. The lecturer, Bertha Benoit, had worked very hard to make this a success, and it surely was. There were a lot of visitors there, some Grangers and some not Grangers. The program was long, but excellent, and was enjoyed very much.

Peggy attended the dance at West Paris Grange Hall Saturday evening.

Sunday evening, we visited Barbara and Richard Felt at their home in Bryant Pond.

The Sunday School children from the Mission Congregational Church of West Paris enjoyed a picnic at the Lovejoy camp on North Pond.

There will be a dance at West Paris Grange Hall on Sept. 3 with music by the Richard Felt Orchestra. It's good music. Come enjoy it.

Oxford Pomona Grange 2 will be meeting at Norway Grange for the installation of officers on Sept. 6. There will be a 6:30 potluck supper preceding the 7:30 p.m. meeting. Officers, please make every effort to be present to be installed by the installing team. Thank you.

Locke Mills

By LORRAINE MILLS

Gilbert Mfg. Corp. recently lost three of its long-time production employees to retirement. Charles "Buster" Morse retired on June 30, after 40 years of employment; Barbara Wakefield (41 years) and Elsie Seames (36 years) retired on July 29. All were given parties by fellow employees, with cards, gifts and lots of good wishes for much deserved happiness and outside enjoyment with their families and friends. A total of 117 years for these three employees is quite an accomplishment.

Our church homecoming is over, and in spite of the near nervous breakdown Dot Chopping always has when we have celebrations, it went fine. Dot is probably the most efficient, best organized, most helpful person to head up any celebration, but she always says she will help but don't expect her to head it up--so someone else heads it up and then fades into the background and leaves everything to Dot. And everything goes as smooth as clock-work. This year, she had Leslie Aron to help with the food so that took a big load off Dot's shoulders.

It is not easy to know how much food to prepare. We had about 100 show up Saturday and about 75 on Sunday. On Saturday, we had five pastors present: Rev. Simpson from Farmington, Sectional Presbyter; Rev. Don Cougle from Lewiston, our pastor; Rev. Rob Rainville; Rev. John Ludlum of Enosburg, Vt.; and our special guest, the Rev. Dr. Lyle Van Horn of Wilmore, Ky, our former pastor.

Among those present at one or more of the services were Anne Massey and two sons from Waterville; Stan and Joyce Stinchfield from Farmington; Mary Theriault and daughters Jami and Jennifer; Linda and Charlie Hodgkins of Lower New Hampshire; Alta Ludlam and Julie, Jack and Joel of Enosburg, Vt.; and the Van Horn family, Lyle, Marilyn, Mark, Andy and Daniel.

One of our former families now living in Michigan, Pat and Jennie Walter, had a pretty good reason for not coming. On July 28, Jennie gave birth to Alec Clayton and Jared Everett, total weight 11 lbs, 9 ozs. They will have their hands full. Their two other sons are Derek, who was 3 in January, and Evan, who was two in April.

Locke Mills has been very well represented at Stephens Memorial Hospital in Norway of late: Jimmy Blanchard, Jim Tuttle, Helen Chase, Gladys Jordan, and Lelia MacAlister either have been or are patients there. I understand that Lelia has pneumonia, Gladys Jordan had a stroke and Helen Chase broke her hip. I am not sure just what the men were in for, but I hope they, along with the women, will soon be well again.

Our postmaster, Caroline Merrill and daughter Darlene Merrill have returned from a two-week visit with relatives in Norway, Europe. It was Mrs. Merrill's second visit. She went with her father in 1972.

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Western M

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Although Western Maine Family Birthplace is one of the smallest units at Stephen's Memorial Hospital, with about 280 deliveries each year, you might say that it is one of the most productive!

With three delivery rooms, and a regular staff of just ten nurses, we are able to provide individualized care, often with one nurse per patient. We recognize the value of supportive family members during childbirth, so family members may accompany the pregnant woman to office and hospital visits to discuss any related matters. Visits usually include listening to the unborn baby's heartbeat, which is always reassuring, as well as exciting!

Care of the pregnant woman and her family starts long before labor. She should make an appointment with a physician as soon as she suspects that she is pregnant, and ideally she should be seen even earlier than that for preconception care, to ensure that she is in the best possible condition prior to starting a pregnancy. Once she has started antepartum care, regular visits are scheduled until delivery.

During the last few weeks of pregnancy, women are strongly encouraged to attend Childbirth Preparation classes with their partners, or other person that they have chosen to be their coach. The classes include valuable information about pregnancy, labor and delivery, and offer practical ideas for nutrition, remedies for the discomforts of late pregnancy, how to recognize labor, when to come to the hospital and (what most people picture when they think about

RECIPE FOR H

If your garden runneth over healthy recipe for zucchini

ZUCCHINI

1/2 cups all purpose flour
1/2 cups whole wheat flour
1 Tablespoon ground flaxseed
1 teaspoon baking powder
1 teaspoon baking soda
1/2 teaspoon salt
2 eggs
1/2 cup vegetable oil
3/4 cup non-fat milk
1 cup packed brown sugar
2 teaspoons vanilla extract

In bowl combine the flours, baking powder and salt. In large bowl beat in oil, yogurt, milk, sugar and eggs. Add flour mixture and stir until well combined. Pour into loaf pans sprayed with PAM or until toothpick comes out clean.

The recipe is from the Bethel Happenings cookbook. The proceeds from sales of the Health Center's EKG machine

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In Bethel Starting Sept. 12th!

at the Bethel Area Health Center

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HEALTHY LIVING

Western Maine Family Birthplace

by Jane Mills, RNC, Bryant Pond
OB nurse at Stephens Memorial Hospital since 1987

Although Western Maine Family Birthplace is one of the smallest units at Stephen's Memorial Hospital, with about 280 deliveries each year, you might say that it is one of the most productive!

With three delivery rooms, and a regular staff of just ten nurses, we are able to provide individualized care, often with one nurse per patient. We recognize the value of supportive family members during childbirth, so family members may accompany the pregnant woman to office and hospital visits to discuss any related matters. Visits usually include listening to the unborn baby's heartbeat, which is always reassuring, as well as exciting!

Care of the pregnant woman and her family starts long before labor. She should make an appointment with a physician as soon as she suspects that she is pregnant, and ideally she should be seen even earlier than that for preconception care, to ensure that she is in the best possible condition prior to starting a pregnancy. Once she has started antepartum care, regular visits are scheduled until delivery.

During the last few weeks of pregnancy, women are strongly encouraged to attend Childbirth Preparation classes with their partners, or other person that they have chosen to be their coach. The classes include valuable information about pregnancy, labor and delivery, and offer practical ideas for nutrition, remedies for the discomforts of late pregnancy, how to recognize labor, when to come to the hospital and (what most people picture when they think about

"Lamaze classes") relaxation and breathing to use during labor. The emphasis is on the couple working as a team, discovering and using their strengths and abilities to work together through labor and delivery of their child. The skills learned can be used for a lifetime.

Childbirth classes are taught by labor and delivery nurses from The Birthplace, and they include a tour of the unit. We believe that the more knowledge you can gain before you come to the hospital to give birth, the more relaxed you will be, and the better you will be able to concentrate on the job at hand.

As well as classes for first-time parents, we also have a shorter "refresher" class for those who have experienced labor before, and there will soon be a sibling class to help prepare children to welcome a new baby into the family.

For women in labor, we offer physical and emotional support, reinforcing what was learned in classes. Because labor nurses are also Childbirth Instructors, you can be comfortable knowing that they are familiar with the same techniques as you are. You will be encouraged to change positions frequently in labor, use the shower, perhaps use our oversized bath tub, walk, sit in the recliner or the rocking chair. By moving around in labor, you can retain a sense of being in control, and also make use of gravity to help the process of childbirth.



RECIPE FOR HEALTHY LIVING



If your garden runneth over with zucchini, here's a heart healthy recipe for zucchini bread that's less than 24% fat.

ZUCCHINI BREAD

1 1/2 cups all purpose flour
1 1/2 cups whole wheat flour
1 Tablespoon ground cinnamon
1 teaspoon ground nutmeg
1 teaspoon baking soda
1 teaspoon baking powder
1/2 teaspoon salt
2 eggs
1/4 cup vegetable oil
3/4 cup non-fat yogurt
1/4 cup milk
1 cup packed brown sugar
2 teaspoons vanilla
2 cups finely shredded zucchini

In bowl combine the flours, cinnamon, nutmeg, baking soda, baking powder and salt. In large bowl, beat eggs until foamy, beat in oil, yogurt, milk, sugar and vanilla. Stir in zucchini. Add flour mixture and stir until combined. Pour batter into 2 loaf pans sprayed with PAM. Bake 55 minutes in a 350° oven or until toothpick comes out clean.

The recipe is from the Bethel Area Health Center's Hearty Happenings cookbook. The cookbook is on sale at the center. Proceeds from sales of the cookbook help to pay for the Health Center's EKG machine.

Hearing Question & Answer

brought to you by: Beltone Hearing Aids Center

Q. My doctor recommended that I get my hearing tested. What is involved? Does it take a long time? Is it painful?

A. Taking a hearing test is nearly as simple as getting your blood pressure checked. It takes about 30 minutes and, no, it isn't painful at all.

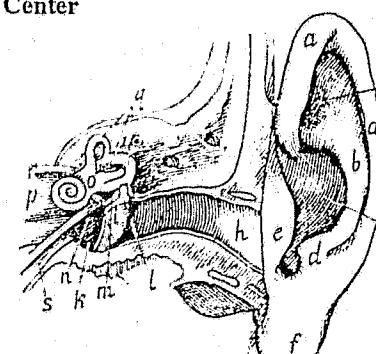
Here's a quick summary of what's involved in a hearing test. First, the person conducting the test will have you put on a set of earphones connected to an audiometer, a device for measuring hearing. The tester will then ask you to signal when you hear a sound. A series of tones may be used, progressing from loud sounds to softer ones, until nothing can be heard.

Next, you'll be given a different type of receiver, a tiny vibrator held

against the bone right behind your ear. Sound waves travel through this bone to the inner ear. You should hear sounds if the inner ear and auditory nerve are operating normally.

You may also listen to a tape recording of someone reading a list of words. You will be asked to repeat the words. This will show the level of loudness at which you can comfortably hear and understand speech.

At the end of the test, based on your responses, the tester will have an audiogram, or record, of your hearing quality. This will show the extent of your hearing problem, if any. If there is a hearing loss, the audiogram will help determine if it can be corrected through the use of a hearing aid.



Many doctors recommend a hearing test at least once a year for people of all ages.

The ABC's of Preventing Lice & Pinworm Infestations

brought to you by: Preb's Market Place Pharmacy

As the summer months draw to a close and children begin returning to school after weeks of fun and games at camps, recreational gatherings, and other organized activities, parents may be faced with what is becoming an increasingly common health problem: lice and pinworm infestation.

With the exception of the common cold, head lice and pinworms probably affect more children in the U.S. each year than all other communicable diseases combined.

Infestation can occur with anyone, no matter how "clean" they may appear to be.

• Lice and pinworm infestation is most common from August through November.

• Both lice and pinworms are parasites: a human is necessary for either to thrive.

• There must be some form of direct contact to contract head lice or pinworms.

• Learn to recognize the early symptoms of infestation: Head lice will be accompanied by itching of the scalp, ears, or neck. Pinworms generally create discomfort and itching in the anal area.

• To reduce the potential for infestation of head lice and pinworms:

A. Discourage sharing of hair brushes, combs, and all forms of headgear, including headphones. These represent some of the easiest ways for lice to be transmitted.

B. Each family member must wash their hands thoroughly following visits to the toilet and before eating or preparing foods.

C. Children should sleep in separate beds, and should minimize sharing of personal belongings.

• Neither head lice or pinworms is life-threatening, and both are easily treated once detected.

• If you find that your child has either head lice or pinworms, consult your pharmacist for recommended treatment.

Children's Dental Health

brought to you by: John R. Mason, D.D.S.

Sometimes parents do not realize that a baby's teeth are susceptible to decay as soon as they appear in the mouth. By the time decay is noticed, it may be too late to save the child's teeth. You can prevent this from happening by learning how to protect your child's teeth.



After each feeding, wipe the child's teeth and gums with a damp washcloth or gauze pad, to remove plaque. Continue this practice until most of the primary teeth have come through the gums. Then begin brushing and flossing the child's teeth.

Start dental visits before your child's second birthday and make them regularly.

Benefits of Aerobic Exercise

by Lee Ferreira

Instructor of Aerobics at The Bethel Area Health Center

Today we live in a very stressful world. Regardless of your state in life, there are tensions and difficulties.

For the homemaker the responsibilities are endless; cooking, cleaning, and childcare, just to name a few. Let's face it, she wears several hats, figuratively speaking, to fill all her family's needs.

Working women have even more stress due to the fact that in addition to their domestic concerns, they have to function in our highly competitive business environment.

Men are also under tremendous pressure regarding on the job performance. They must be innovative, productive and aggressive to achieve success in their chosen field.

Is it any wonder then that today, more than ever, people incur so many health problems; among them anxiety, depression, high blood pressure, heart disease, ulcers - the list is endless!

Under these circumstances, everyone must find a program that will relieve stress and contribute to their physical and mental well-being.

Aerobic exercise and proper nutrition are the keys to living a longer and healthier life.

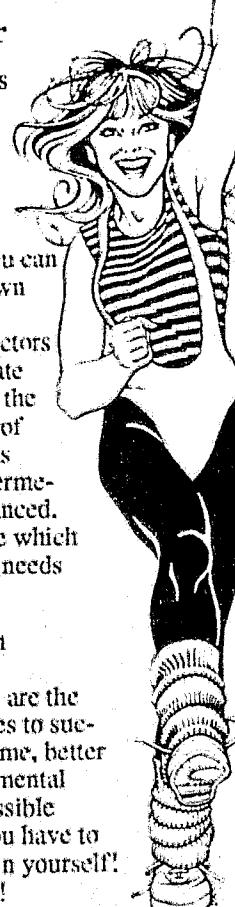
The formula for proper weight loss is portion control and fat reduction incorporated with an Aerobic (cardio-vascular) program.

The exercise regimen should be at least five to seven times a week for weight loss and a minimum of three to four times a week for maintenance.

One must remember that after 48 hours (two days) of not exercising, you lose the aerobic benefits of fat burning; that is why it is imperative for one to work out three to four times a week.

The importance of Cardio-vascular conditioning cannot be over-emphasized; as it burns fat (revs up your metabolism) tones the body

and determines attitude and perseverance are the stepping stones to success. Believe me, better physical and mental health is a possible dream - all you have to do is believe in yourself! You can do it!



HEALTH CARE PROVIDERS

Aerobic Exercise

at The Bethel Area Health Center
Railroad Street, Bethel
Call Lee at 824-4631 for information

Dentistry

Dr. John R. Mason, DDS
Northwest Bethel Road, Bethel
824-3378

Health Clubs

Bethel Inn & Country Club
On the Common, Bethel
824-2175

Health Food

Coming Soon to Route 2!
... See this page next month!

Eyewear Providers

Pro Vision Centers
150 Main St., S. Paris • 743-6577
Auburn Mall, Auburn • 783-1394

Madison Health & Fitness Club

Open 8 a.m. - 9:30 p.m. daily
Rt. 2, Rumford • 364-7973

Counseling

Self Directions
Dan Hart, LPC
15 Chapman St., Bethel • 824-3217

Health Centers

Bethel Area Health Center
Railroad St., Bethel
824-2193 or 1-800-287-2292

Home Health Care

Nurses House Call
8A Franklin St., Farmington
1-800-564-5966

Swift River Health Care
191 Lincoln Ave., Rumford
369-0146

Hospitals

Rumford Community Hospital
420 Franklin Street, Rumford
364-4581

Stephens Memorial Hospital
80 Main Street, Norway
743-5933

Massage Therapists

Mahoosuc Mountain Massage
Rt. 26, Bethel
824-7600

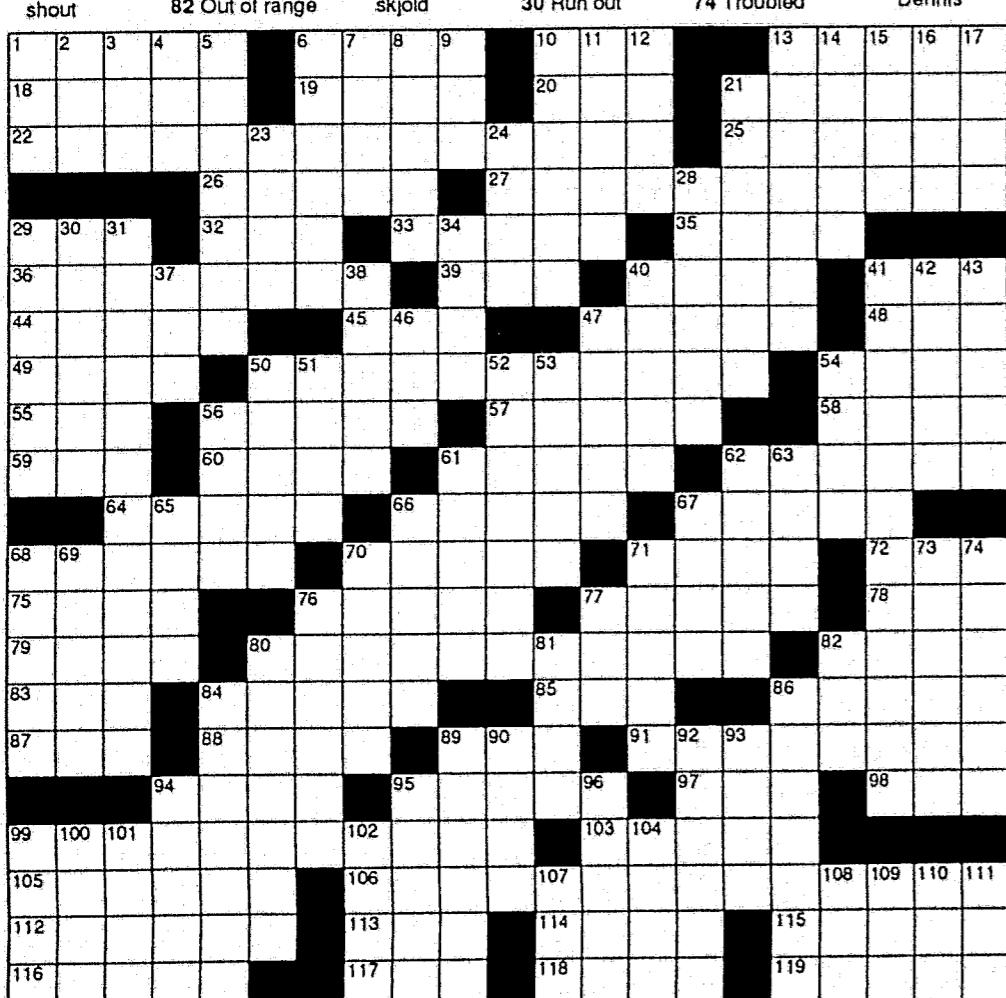
Therapeutic Massage
Janet Willie
Main St., Bethel • 824-3889

Pharmacy

Preb's Marketplace Pharmacy
Specializing in your good health
66 Main St., Bethel • 824-2280

Super Crossword

ACROSS	49 Word-game	83 Outlaw	118 Ornery	31 The edge of	state
1 Sam or Ron	50 Dessert	84 Sheer joy	119 Olympian	34 Unrestrained	76 Bull in a
6 "Sesame Street"	choice	85 Subordinate	119 Jessica of	37 Map abbr.	china shop,
subject	54 Portend	86 Beethoven's	"Used	38 Symbol	for instance
13 "La"	55 Onassis'	87 Cover girl	People"	40 Stationed	77 Half and
(87 film)	nickname	88 Geraldine	12 Bowe blow	41 Aquarium	78 Half?
18 Broadcast	need	Carol	2 Be under the	denizens	80 Outtake
19 Japan's first	57 "Oliver Twist"	Chaplin's	3 Monk's little	42 Brimming	81 Fellow
capital	villain	mom	4 Turkish topper	43 It's often	82 Maughan's
20 Hosp. areas	58 Fossey's	89 Kennel	5 Impressive	46 Speakeasy	"Cakes
21 Ms. Sorkin	friends	feature	6 Geometry	47 Muslim	and —"
of TV	59 Author	91 Teapot	topics	48 Mendicant	84 Build up
22 Mel Brooks	Delighton	disturb-	13 Respire	50 Peter Fonda	86 Descriptive
film	60 Related	ances?	14 "Get —"	role	name
25 Rembrandt's	61 Warm and	94 Gin flavoring	15 Form a	51 Enthusiastic	89 Motley
birthplace	sticky	95 Keep an —	concept	52 All of —	90 Bear in the
26 People	62 First-aid	the ground	16 Flustered	53 Bar fruit	air?
27 Ritter/Post	device	97 Miss Piggy's	17 Designer	54 — Ha!"	91 Give relief?
sitcom	64 Looked	pronoun	21 Ancient	55 Bring down	93 Ditch under a
29 Winter mo.	longingly	98 DDE's	French	the house	drawbridge
32 Ideologue's	66 Less limited	predecessor	23 Little Red Hen	60 Sanskrit	94 City miasma
suffix	67 Imperturbable	103 Morocco's	response	61 derivative	95 — "Gay"
33 "Spartacus"	68 More	capital	24 Arab craft	62 Mall	(bomber)
39 —	abundant	105 Form a	70 Vice follower	63 Marvell	96 Ask for meat
35 Be Important	70 Sels	concept	71 Overhead	65 — mater	loaf
36 Father	71 Burn remedy	106 Flustered	72 Overhead	66 Estranges	99 Dome covers
Merlin's	72 — Dhabl	112 Cool	73 Blows one's	67 Pole, for one	—
occupation	75 Explosive	113 Chicken —	74 Troubled	68 Addict —	100 "Zip —
39 — Jim	sound	114 Elver's	75 Eyes —	69 Decent —	Doo-Dah"
41 RN's	76 English	parents	76 Eye-opener?	70 Vice follower	101 Country
specialty	novelist	115 Minneapolis	77 Eye-opener?	71 Overhead	music's Jerry
44 ill will	Charles	suburb	78 Actor Chaney	72 Blows one's	102 "If —
45 Symbol of	79 Notes from	116 Ceremonial	79 Actor Chaney	73 Own horn	Hammer"
wisdom	Verdi?	supper	80 Elvis Presley	74 Troubled	103 Former nat.
47 Prima —	80 Elvis Presley	117 Mr. Hammar-	81 Eye-opener?	75 Eyes —	104 Skilled
(self-evident)	hit	skjold	82 Out of range	76 Eye-opener?	105 Form a
48 Stadium				77 Eyes —	106 Flustered



SEE ANSWERS--Back Page

Conservation school auction

"There is something for everyone at this auction. You name it and we've probably got it," said Steve Wight, chairman of the Maine Conservation School's fourth annual auction.

"There are hundreds of items," said Wight. Items include a 1938 Old Town canoe, antique tables and chairs, numerous items and gift certificates from Maine businesses, a guided canoe trip on the Androscoggin, subscriptions to publications like the Tightwad Gazette, building supplies, a rowing machine. "This is just a sampling of the various items and services that people are contributing to our auction," said Nancy Willard, a member of the organizing committee.

The auction will be held on Saturday, Sept. 3, rain or shine. Refreshments will be served by the Woodstock PTA.

"All the proceeds go to support programs at the school," said Wight. If anyone wants to make a final contribution to the auction, contact Wight at 665-2095 or 824-2410. Items should be delivered in advance to the school or brought to the auction early on Saturday.

BETHEL SENIOR CITIZENS

The Bethel Senior Citizens met on Aug. 10 at Powell's Stony Brook Camping Area in Hanover. It was a beautiful day and over 50 people enjoyed a picnic.

President Helen Saunders attended to many details as well as conducting a short business meeting. Sarah Stevens reported on finances.

Condolences were extended to the families of Doris Brown, Peggy Coolidge and Alice Kimball.

Letters were read from the Androscoggin Home Health, and Lindley Wieden read several anecdotes and reviewed plans for two forthcoming trips.

The Aug. 17 trip to the coast, leaving Bethel at 8 a.m., has a waiting list. The foliage trip to Mt. Washington on Oct. 5 will also have a waiting list. Fees for this trip need to be paid by the Sept. 14 meeting, which will be at the Locke Mills Town Hall. The Firemen's Auxiliary will cater the dinner at a cost of \$5 per person.

Lindley Wieden and Bud Paine cooked hamburgers and hot dogs, Lois Kilroy made a beautiful cake, and everybody contributed to the delicious buffet table. It was a super picnic, thanks to the Powells, followed by an entertaining brown bag auction.

GOLFERS!

Play Maine's affordable championship mountain course today!

Play All Day

Enjoy the best conditions of the season for as little as \$22 per person weekdays - \$30 per person weekends. Price includes unlimited play on our 18-hole championship course.

Golf School

Commuter programs now available from \$250 includes 3 days of golf, 10 hrs. of on course PGA instruction, video analysis, lunch and more!!!



Call for tee-times

(207) 824-6276

For Reservations call

(207) 824-2175

The
Bethel Inn
Country Club
Bethel, Maine

Fall Golf
Specials
Begin
September 19th
Mark Your
Calendar!



CHURCH GETS NEW LOOK--The was spruced up recently with church was completed Friday. The fancy exterior edges around corners. The project was a continuation that started in 1992, when the new carpeting was installed.

Cissie Lynn at Locke Mills

Cissie Lynn, "The Coal Miner's" the Jackson-Silver Post in Locke Mills.

The country singer and her five

form original music, country class

mother, Loretta Lynn.

Lynn's first album was "Letter to

appeared on Nashville Now, Loretta

the Kennedy Center, and in

has been featured at more than 20

Tickets for Lynn's appearance at

875-2375 or 824-3785. The conc

p.m. at the Legion hall. The conce

Silver Post Auxiliary and benefits

kitchen. A limited number of ticket

FROM THE
Bethel Area Chamber of Commerce

All members and friends are invited to be held Monday, Sept. 12, at the

from 5 to 7:30 p.m. Come and enjoy

Tom McGinniss has accomplished

The Board of Directors endorsed

Show to the chamber's ski show

from Nov. 11 to 13. Those members

show are asked to call the chamber

The Bethel Citizen
For complete
local news coverage

American Legion Post 68

BINGO
\$\$\$\$\$

Gore Road, Locke Mills
824-3785

Great Selection of
Pull Tabs
Winner Takes All
State Limit Paid Out

Every Wednesday &
Friday 6 PM

Sealed Ticket Early Birds

Doors Open at 4:00 PM

Jackson-Silver Post
Hall Rentals Call:
207-824-3785

5-MINUTE
LUNCHES

This Week's Specials

Chicken Kebab: Zucchini, summer
squash, mushrooms, & tomatoes over
choice of pasta. \$5.95

Chicken Angelina: Chicken tenders
with tomato cream & basil sauce over
choice of pasta. \$6.95

Chicken Stir Fry: Chicken tenders
stir-fried w/ vegetables over rice \$5.95

• BBQ Chicken & Cheddar Sub

• Steak 'n' Cheese Sub

• Seafood Salad Sandwiches

• Tortellini Salad

Call ahead for special orders

DUNKIN DONUTS
Cold Beer • Wine • Snacks

OPEN 7 AM - 9 PM Weekdays

7 AM - 11 PM Weekends

THE BOTTLE
& BAG

Route 2, Bethel, ME

(207) 824-3673

7:30 p.m. Call 824-2185 for meeting place.

The Gilead Fire Department meets at the Fire Station at 7 p.m.

Second Monday: Newry Mother's Club meets, 7:30 p.m.

First and Third Monday: Bethel Board of Selectmen meets at the Town Office, 7 p.m.

First and Fourth Wednesday: Bethel Planning Board meets at the Town Office, 7 p.m.

Second Tuesday: Three Rivers Sportsmen Club, Hanover 1 of P Hall, 6:30 p.m. Potluck supper followed by a meeting.

Second Tuesday: Mundy-Allen Post, American Legion, meeting at 7:30 p.m. Supper starts at 6:30 p.m.

LaLeche League, nursing mothers, meet at 10 a.m. at area members homes. Call 836-3567 for more information.

Every Tuesday: Bethel Rotary Club meets at The Bethel Inn, 7:30 a.m.

Greenwood Board of Selectmen meets at the Town Office, 7 p.m.

Andover Board of Selectmen meets at the Town Office, 6 p.m.

Newry Board of Selectmen meets at the Town Office, 9 a.m.

First and Third Tuesday: Woodstock Board of Selectmen meets at the Town Office, 5 p.m.

The Greater Rumford Alliance for the Mentally Ill-Children and Adolescent Network (GRAMI-CAN) Support, education & advocacy. Meets in the Former St. John's rectory from 6:30-8:00 p.m. in Rumford. Contact Diane at 369-0542.

Cross-Country Quilters meet at the Bethel Library from 9:30 to 11:30 a.m.

The Bethel Lions Club meets at the Lions Den on Main Street at 7 p.m.

Second and Fourth Tuesday: Woodstock Planning Board meets at 7 p.m.

First Friday: The Oxford County Mineral and Gem Association meets at 7 p.m. at the Newry home of Norman and Eleanor Davis, 824-2844.

Third Friday: Mt. Abram Lodge, IOOF, 7:30 p.m.

Every Sunday: Western Mountains Meditation Group, Center for Natural Healing, 47 Pioneer Street, West Paris, 9:30 a.m. 674-3961.

Calvary Congregational Church, Rev. Duane Waite, 9:30 a.m. church school. Saturday: 9:20 a.m. Sabbath school, 11 a.m. worship service.

Locke Mills

First Congregational Church-Pastor Jane Rich, 9:45 a.m. Sunday school.

THURSDAY EVENING SEPTEMBER 1, 1994

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3) Cheers	Coach	Bandit			News	M*A*S*H	Valley	H. Patrol		
(5) Waltons	Triv. Pur.	Boggle	Rescue 911		700 Club		Bonanza			
(6) Murphy B.	Roseanne	Mad-You	Frasier	Seinfeld	Dateline		News			
(8) Fortune	Jeopardy!	My So-Called Life	Lois & Clark-Superman	Primetime Live			News			
(10) MacNeil-Lehrer	Maine.	Maine	Mystery!	Birth of Europe	Served		Red Green			
(11) Sportscenter	Cont'd	College Football: Arizona at Georgia Tech			Sportscenter					
(12) Club Dance	News	Barb. Mandrell	Music City Tonight		Club Dance		News			
(13) Ent. Tonight	Edition	One West Waikiki	Eye to Eye	Hotel Malibu			News			
(14) Tonite	Talk Sport	This Week in NASCAR	Motorcycle Racing	MotorSports Hour			This Week in NASCAR			
(15) Movie: "Iron Eagle"			Movie: "Red Sun Rising"	Comedy	Movie: "Deadlock"					
(17) Movie: "The Night Train to Kathmandu"			Movie: "Brewster's Millions"		Movie: "Carousel"					
(18) "Licence to Kill" Cont'd		Movie: "Molly & Gina"	Movie: "Bitter Harvest"		Body Parts					
(20) Minor League Baseball: Rochester Red Wings at Pawtucket Red Sox			College Soccer: San Francisco vs. Virginia							
(21) Our Home		Unsolved Mysteries	Movie: "Time Bomb"				Unsolved Mysteries			
(22) B. Hillbillys	Sanford	Movie: "Jailhouse Rock"			Movie: "Hard Times"					
(24) Doug	Muppets	Jeannie	Jeannie	Jeannie	Jeannie	Jeannie	M.T. Moore	Van Dyke		
(25) Movie: "The Pride of the Yankees"			Movie: "Follow the Sun"				Pride			
(26) Wings	U.S. Open Tennis: Second Rounds				Wings	Wings				
(27) in Search Of	Biography	A&E in Concert			Investigative Reports					
(32) Eat Daisies	Eddie's	Hazel	That Girl	Mod Squad	News		Kojak			
(34) Night Court	Jeffersons	Movie			News		Highlander			
(39) Moneyline	Crossfire	Primenews	Larry King Live	World News	Sports	Moneyline				

FRIDAY EVENING SEPTEMBER 2, 1994

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3) Cheers	Coach	Movie: "Houseboat"			News	M*A*S*H	Valley	H. Patrol		
(5) Waltons		Movie: "Chance of a Lifetime"			700 Club		Bonanza			
(6) Murphy B.	Roseanne	Wings	Movie: "Kindergarten Cop"				News			
(8) Fortune	Jeopardy!	Farm Mat	Boy-World	Step by S.	Mr. Cooper	20/20		News		
(10) MacNeil-Lehrer		Wash Wk	Wall St.	Time Goes	Keeping Up	Young	May-Dec.	Served	Red Green	
(11) Sportsctr.	Arena Football: Arena Bowl -- Teams to Be Announced			Track and Field		Sportscenter				
(12) Club Dance	News	Hot Country Nights	Music City Tonight		Club Dance		News			
(13) Ent. Tonight	Edition	Diagnosis Murder	Movie: "Eyes of a Witness"				News			
(14) Tonite	in Skating	Football	Football	Big 8 Report Preseason	Big Ten Football Preview	Pac-10	Rocknghm			
(15) Buffy the Vampire Slayer		Movie: "Desperate Hours"			Movie: "Sexual Response"		Sanders			
(17) Movie: "Ghostbusters"			Movie: "Truly, Madly, Deeply"		Secret Life-Mitty					
(18) Still of the Night" Cont'd		Movie: "Warlock: The Armageddon"	Movie: "Rapid Fire"							
(20) NHL Hockey	Montreal Canadiens at Boston Bruins		College Hockey: 1989 Hockey East Champ -- B.C. vs. Maine							
(21) Our Home		Unsolved Mysteries	Movie: "The Sitter"				Mysteries	Girls Ni		
(22) B. Hillbillys	Sanford	Movie: "A Summer Place"			Movie: "Splendor in the Grass"					
(24) Doug	Muppets	Dragnet	Dragnet	Dragnet	Dragnet	Dragnet	M.T. Moore	Van Dyke		
(25) Movie: "5 Fingers"			Movie: "So Evil, My Love"		Movie: "5 Fingers"					
(26) Wings	U.S. Open Tennis: Men's Second and Women's Third Rounds				Parker L.	Parker L.				
(27) in Search Of	Biography	Investigative Reports	Ancient Mysteries		Investigative Reports					
(32) Eat Daisies	Eddie's	Hazel	That Girl	Mod Squad	News		Kojak			
(34) Night Court	Jeffersons	Movie: "Melvin and Howard"			News		Night Court	Comedy		
(39) Moneyline	Crossfire	Primenews	Larry King Live	World News	Sports	Moneyline				

SATURDAY EVENING SEPTEMBER 3, 1994

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3) Cheers	Coach	Movie: "Uzana's Raid"			News	Movie: "Shane"				
(5) Bordertown	Skies	Movie: "Bend of the River"			Snowy River	McGregor	Country Music Spotlight			
(6) Murphy B.	Cheers	Mommies	Movie: "Back to the Future Part III"				Sat. Night			
(8) Fortune	Jeopardy!	College Football: Notre Dame at Northwestern			News		In-Country			
(10) Maine	Media W	Upstairs, Downstairs	Evening at Pops	I'll Fly Away			Country			
(11) Scoreboard	College Football: Oklahoma at Syracuse			Scoreboard		Sportscenter				
(12) Music Video Album Hour	Opry	Grand Opry	Statler Bros.	Hee Haw	Opry	Grand Opry				
(13) Untouchables	Medicine Woman	Country Music Hall of Fame 25th Celebration			News					
(14) Boxing	Julio Cesar Boorda vs. Harold Grey	Baseball	Football	College Football: Oregon State at Arizona State						
(15) Ghostbusters II" Cont'd	Movie: "The Good Son"		Dream On	Movie: "Singles"						
(17) Movie: "A Far Off Place"		Movie: "Willow"			How the West Was Won					
(18) "Weekend at Bernie's II"		Movie: "Nightbreed"		Movie: "Angel of Fury"						
(20) Auto Racing	SCCA Trans-Am	Volleyball	Football	College Football: Oregon State at Arizona State						
(21) Movie: "Deceptions" Cont'd			Girls Night Out		Midnight Caller					
(22) WCW Saturday Night	Movie: "Mad Max"			Clash of the Champions	Wrestling					
(24) Doug	Rugrats	Clarissa	Pete & Pete	Ren-Stimpy	You Afraid?	White Shadow	To Be Announced			
(25) Movie: "Wyoming Mail"		Movie: "Lucky Jordan"		Movie: "China"		Saskatchw				
(26) Wings	U.S. Open Tennis: Third Rounds				Parker L.	Parker L.				
(27) Hm. Again	Hm. Again	Movie: "This Sporting Life"			Comedy on the Road	Caroline's				
(32) Eat Daisies	Eddie's	Hazel	That Girl	Mod Squad	News	Charles	Kojak			
(34) Runaway	Riches	Movie			News	H'moarer	"City Heat"			
(39) Capital	Sports Sat.	Primenews	Larry King Weekend	World News	Sports	Capital				

CABLE CONVERSION CHART											
2 C-SPAN											
3 WSBK-TV 38, Boston											
4 Channel IV, Bethel											
5 The Family Channel											
6 WCSH, NBC Portland											
7 Sunday River Ski TV											
8 WMTW, ABC, Auburn											
9 QVC Home Shopping											
10 WC											

11:00 11:30

H. Patrol Paid Prog.
Ben Haden Ankerberg
News Suspect
News Crusaders
Coming & Going
Sportscenter
Road Test Our Way
News

Football
More
European PGA Highlights
Clapproad Hidden
Earth Paid Prog.
Love Lucy Lucy Show
"Moon Over Miami"
Silk Stalkings
Caroline's Comedy Hour
Telethon
MDA Telethon
Sports Business

11:00 11:30

Valley H. Patrol
Father Dowling Mysteries
News

Served Red Green
Baseball Sportsctr.
News

Powerboats
Jackson B
heim Splash
Unsolved Mysteries

Van Dyke Get Smart
"Meet Me at the Fair"
Wings Wings
Law & Order
Kojak
Night Court Emer. Call
Sports Moneyline

11:00 11:30

Valley H. Patrol
Father Dowling Mysteries
News

Served Red Green
Sportscenter
News

est Games Lou Holtz
Money Pit
"Pet Semetary Two"
Charity Games
Unsolved Mysteries
China Lake Murders
Van Dyke Get Smart
a Fe Trail"
Wings Wings
Law & Order
Kojak
Night Court Suspect
Sports Moneyline

11:00 11:30

Valley H. Patrol
Father Dowling Mysteries
News

News
Baseball
News

nia 76ers at Boston Celtics
Crypt Tales Red Sun
"The Grapes of Wrath"
Movie: "Bitter Harvest"
sor
Unsolved Mysteries

Van Dyke Get Smart
"America, America"
Wings Wings
Law & Order
Kojak
Night Court Renegade
Sports Moneyline

For Sale General

CAP FOR SMALL PICKUP. Fiberglass, extended height \$125. 836-3808. 291f

HAPPY JACK FLEABEACON: Electronic device controls fleas in the home without pesticides. Patented design creates burst of light fleas can't resist. Results overnight. West Paris Hardware 674-4127. 30-39p

WHIRLPOOL Stack Washer & Dryer. Ten months old, will sell for \$500. Call 824-3834. 34-35p

WHIRLPOOL White Combination Freezer and Refrigerator. Ten months old, will sell for \$600. Call 824-3834. 34-35p

SUNQUEST WOOF TANNING BEDS. New commercial - home units from \$199.00

Lamps - Lotions - Accessories. Monthly payments low as \$18.00. Call today. Free New color catalog 1-800-462-9197. 35ne

DRY FIREWOOD \$10 a cord, delivered in Bethel Area 388-2408. 35-36p

FIREWOOD FOR SALE, seasoned and green firewood. Cut, split and delivered. State certified measure. Call 743-8196. 35-36

LARGE SEARS CHEST type freezer for sale - \$200. Call 836-2645. 35-36p

Wanted

WANTED TO BUY: Scrap metal. Home evenings and weekends. Raymond Chapman, 836-2585. 391f

WANTED: Items from your attic. 1940's or earlier. Now taking consignments. Excellent terms. Call Sally, Upson Playhouse Antiques, Bethel. (207) 824-3170. 151f

PREVENTION COORDINATOR

The Western Regional Council on Alcoholism is seeking applicants for the full-time professional position of Prevention Coordinator to coordinate substance abuse prevention services in the greater Bethel area of the Western Maine Community Partnership. This position is currently funded for approximately 3 years.

Qualifications: Bachelor's degree in related field preferred. Minimum of 4 years combined experience in substance abuse prevention, community organization, group process, public relations, and program development desired. Strong communication, computer and organizational skills and ability to work independently with diverse groups essential. Understanding of rural communities needed.

Starting salary: \$26,000 with excellent fringe benefit package. Direct resumes and cover letters by Friday, September 9 to:

Executive Director
Western Regional Council on Alcoholism
571 Sabattus Street
Lewiston, Maine 04240

Classifieds ~ Call 824-2444

Help Wanted

HOUSEKEEPERS WEEKEND WORK. Multi Services 824-3435 ask for Jan. 281f

DRIVERS - GET MORE FOR YOUR MILES! OTR/Shorthaul. Home weekly (shorthaul), assigned late model equipment, \$750 experienced sign-on bonus. Burlington Motor Carrier 1-800-JOIN-BMC. EOE 35ne

FRIENDLY TOYS AND GIFTS now has openings for demonstrators. No cash investment. Part time hours with full time pay. Two catalogs, over 700 items. Call 1-800-488-4875. 35ne

CARETAKER NEEDED part-time for ten unit condo in Bethel. Plowing, mowing, building maintenance. For more information and bid submission call (508) 671-8950. 9 AM to 4 PM. 33-36p

ATTENTION BETHEL POSTAL JOBS. \$12.26 per hour to start plus benefits. Postal Carriers, sorters, clerks, maintenance. For application and exam information call 1-219-736-4715 ext P3801. 9 AM to 9 PM, seven days. 33-33

HAIRSTYLIST NEEDED for busy Bethel Salon. Call 824-4924. 33-36p

NEEDED! 8 people to lose weight. Now. No willpower needed. Brand new, just patented 100% Natural, 100% Guarantee. Dr. Recommended. (701) 293-7282. 33-37p

FULL TIME DENTAL ASSISTANT in Bethel. Exceptional opportunity in high quality, prevention oriented practice for the right person. No experience necessary but must possess strong communication skills

and work well with people. Send resume to: John R. Mason, D.D.S., P.O. Box 570, Bethel, ME 04217. No phone calls please. 34-35

OTR TT DRIVERS needed NE region. 30 cents per mile, loaded or empty, home every weekend. Excellent benefit package. Call Cookie 800-628-7807 for more information. 35ne

OWNER OPERATORS WANTED to haul propane, late model. Sleeper Tractor with PTO unit required. Full time and seasonal positions. Contact Kevin Shelton, P&H Transportation. 800-788-3002. 35ne

IMMEDIATE OPENING prep cook and servers. Experience preferred - apply in person at Rue Lu's China Gem, Rt. 2, Bethel. No phone calls, please. 35

CHILD CARE NEEDED for three children ages 3, 5, 7. Two older ones in school. Prefer in my home, 7:00 - 5:30. Please call 824-2781 evenings. 35-36p

RESERVATION/FRONT DESK CLERK. Weekend a must. Please inquire at the Bethel Inn & Country Club or call 824-2175. 35-36

DISHWASHER NEEDED at Maine Conservation School 20 to 25 hours per week. Call 207-665-2068. 35-36

BETHEL INN needs dining room hostess and bus people. Call for information 824-2175. 35-36

WE ARE LOOKING for an ambitious self-starter for assembly work, packing and other tasks. Must have a good personality and be a team player. Application can be picked up at Maine Line Products, Main St., Bethel. 35

RECYCLING-Old lawn mowers, engines, chain saws, lawn tractors, shredders, water pumps, trimmers. Bailey's Outdoor Power. 824-2403. 11f

NEED RUGS SHAMPOOED & Upholstery cleaned; floors stripped, sealed & waxed etc. Call Sal's Cleaning Service 824-2955. 25 years in the business. 27lf

ADULT EDUCATION: Academic Brush-up, GED, Career Guidance, Day & Evening. Get started on new direction NOW. Call 824-2780. SAD 44 Adult & community Education. 191f

PHOTOGRAPHY, natural portraits of your family, children, home, farm. Black & white, sepia and hand oil coloring. Call for price 875-3710. 35p

For Sale Vehicles

GLE 1990 VOLVO excellent shape, mint condition. Two new tires, brakes have been checked, black with red leather seat, sun roof, top of the line. 824-2795. 34-35p

1980 HONDA PRELUDE power sunroof, new exhaust, new battery, runs great! \$300. 875-3710. 35p

SIGNS & LETTERING, Katlin Signs. Call after 5 pm. 836-3410. 35f

BENNETT'S UPHOLSTERY - Home and office furniture, antique and modern. Call for free estimates, quality craftsmanship at very reasonable prices. 824-2336. 13f

RECYCLING-Old lawn mowers, engines, chain saws, lawn tractors, shredders, water pumps, trimmers. Bailey's Outdoor Power. 824-2403. 11f

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PHOTOGRAPHY, natural portraits of your family, children, home, farm. Black & white, sepia and hand oil coloring. Call for price 875-3710. 35p

TOWN OF WEST PARIS

Immediate opening for an

Animal Control Officer.

Contact Town Office at 674-2701,

if interested...

No experience necessary - will provide training.

Services

SIGNS & LETTERING, Katlin Signs. Call after 5 pm. 836-3410. 35f

BENNETT'S UPHOLSTERY - Home and office furniture, antique and modern. Call for free estimates, quality craftsmanship at very reasonable prices. 824-2336. 13f

RECYCLING-Old lawn mowers, engines, chain saws, lawn tractors, shredders, water pumps, trimmers. Bailey's Outdoor Power. 824-2403. 11f

NEED RUGS SHAMPOOED & Upholstery cleaned; floors stripped, sealed & waxed etc. Call Sal's Cleaning Service 824-2955. 25 years in the business. 27lf

ADULT EDUCATION: Academic Brush-up, GED, Career Guidance, Day & Evening. Get started on new direction NOW. Call 824-2780. SAD 44 Adult & community Education. 191f

PHOTOGRAPHY, natural portraits of your family, children, home, farm. Black & white, sepia and hand oil coloring. Call for price 875-3710. 35p

SIGN & LETTERING, Katlin Signs. Call after 5 pm. 836-3410. 35f

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<p

Classifieds ~ Call 824-2444

Yard/Garage Sales

YARD SALE & SHOP CLEARANCE Up to 50% off, September 3, 4, & 5 at the Holiday House, Main Street, Bethel. 34-35

GARAGE SALE Saturday, September 3rd 9 am 'til noon. Nickerson's, Paradise Road. Sat. Sept. 3 - Mon., Sept. 5, 9-3 35e

YARD SALE: Antique doll house, antique iron bed, other goodies. 131 West Bethel Road, Sat. Sept. 3 - Mon., Sept. 5, 9-3 35e

SATURDAY, SUNDAY Sept. 3 & 4, 9 am to 4 pm. Trout Lake Road, East Stoneham. Books, National Geographic Magazines, china, old bottles, white treadle sewing machine, clothes, aquarium, speakers & more. 35e

MOVING SALE Can't take the step machine or the tons of toys or the baby stuff or other miscellaneous, so come by Saturday. Sept. 3rd, 728 West Bethel Road. 35e

YARD SALE: Merton Brown Residence, Sat. Sept. 3, 9 am - no early birds. Toys, games, jewelry, lamps, antique glass, and china, some clothing and numerous other household items. 35e

MOVING SALE everything must go. Clothes, toys, baby furniture, bed and all else. Sat., Sun., & Mon., 9 to 4, rain or shine. 3 miles out on the Flat Road, West Bethel. Follow the signs. 35e

FOR SALE

8 year old Chestnut Morgan Mare.

Shots, shoes, and worming up to date.

Gentle but needs experienced rider.

Call 836-2202 or 836-3872.

We have places!

Don't miss out on our selection of ski season rentals!

Attention Seasonal Renters:

We have a great selection of ski season rentals to meet most needs. Condos, apartments, homes, camps and chalets near and far from the slopes!

Let Bethel's premier property rental agency help find your perfect ski hide-a-way!

Creative Management Associates
115 Main Street, Bethel
836-2202 • 836-3872
207-824-4044

Real Estate Liquidation

1) \$385 an acre/75 acre wooded parcel abutting an Apple Orchard in Summer Total \$29,950

2) 775 feet Road Frontage. 9 1/2 acres, year round, surveyed, soils tested, views in Greenwood \$17,500

3) Two house lots, walk to North Pond. Woodstock \$12,500 ea. or both for \$18,000

4) Lake Frontage - 2,270 frontage and 37 acres, soils tested high & dry with views. Hebron \$199,000

5) Belgrade Lakes Area - 5 1/2 acres, wooded year round, elec., soils tested, surveyed, exc. lot \$13,900

6) Apartment House, exc. cond., 3 unit, large lot and barn. Seller guarantees rents \$65,000

CALL OWNER AT (207) 674-3240

Honest, Dependable Sales & Service

1992 Ford Ranger 6 cyl, 5 sp, 49,000 miles.

1991 Ford Escort LX 4 cyl, 5 sp, 4 door, 38,000 miles.

1989 Geo Prism 4 cyl, auto, air, and 58,000 miles...

1989 Mercury Sable GS Station Wagon 6 cyl, auto, loaded 74,000 miles.

1989 Toyota Corolla 4 cyl, auto, 4 dr, 99,000 miles...

1986 Honda Civic 4 cyl, auto, stereo/ tape, 77,000 miles...

1986 Pontiac Firebird 4.3 Vortex, 6 cyl, 5 sp, T-tops, stereo/cassette, and only 43,000 miles...

1986 Dodge Caravan 5 pass., 5 sp, new head gasket, goes A-1 ... \$3,195

1986 Dodge Ram 50 4x4 84,000 miles, new paint, sticker & tires ... \$3,495

1987 Ford Aerostar 7 pass., V6, auto, p/s, air ...

1987 Nissan Pulsar auto, p/s, 88,000 miles T-roofs ...

1986 Chevy Astro Van 7 pass. or cargo, V6, auto ...

1987 Chevy Sprint 3 cyl, 5 sp, air, hauled behind motor home ...

1980 AMC Spirit 6 auto, p/s, one owner, 28,000 miles ... Reduced \$1,995

1984 Toyota 4x4 p/u, runs good, A/S ... \$75

1984 Toyota Corolla 2 dr, auto, w/air, sticker ... \$1,295

1991 Ford Escort LX s/w, new style, auto, p/s ...

1991 Ford Escort 5 sp, p/s, new style, low mileage ...

BETHEL AUTO SALES

214 W. Bethel Road

Mon & Tues 8-5

Thurs & Fri 8-7

Saturday 9-12

Call 824-2389 ask for Brad or Judy Barker

Instruction

RIDING LESSONS: Built on the basics of Dressage. Horses quiet enough for the beginner but also capable of teaching lateral work. Training and boarding available. Call DiAnne Leighton 824-2595. 35-38e

Vacation Rentals

THE SOUNDINGS - CAPE COD - Oceanfront Resort. Private beach, indoor, outdoor pools, coffee shop, sauna, efficiencies. Families welcome - Request brochure! Box 1104, Dennisport, MA 02639. (508) 394-6561.

For Rent

NEW FURNISHED APARTMENT for rent. Great for one person or couple. Located on US Rt. 2 in Hanover, Maine. Minutes from Bethel and Rumford. Available April 1st. Call 364-7520. 10f

OFFICE SPACE FOR RENT: Newly built professional commercial office space for rent on US Rt. 2 in Hanover, Maine. Eight miles from Bethel, fifteen miles from Rumford. Excellent location. Call 364-7520. 10f

2 BEDROOM Trailer in Hanover, Maine. References required. 369-0603. 15f

HOUSE ON SONGO POND, ALBANY with fireplace, spiral staircase, 3 bedrooms, 200 feet of sandy beach. By the week weekend, winter/summer, 15 minutes from Sunday River. Call after 6. 824-3191. 16f

NEW 4 BEDROOM, 2 1/2 bath house with washer and dryer, dishwasher, Sunday River Valley. Wood and FIHW Heat. No Pets. Security Deposit. references. 824-2115. 34f

UNFURNISHED 2 bedroom apartment. Locke Mills \$450.00 includes all utilities. No pets. Call 824-2122. 34-37p

ROOM TO RENT - References Required. Call 392-1895. 34-37p

CONDO AT MTE, ABRAM two bedrooms, two baths, woodstove, fridge, dishwasher, oven. \$450/month, prefer long term. Call 207-933-9023. 35-36

TWO AND THREE BEDROOM APART- 31-38p

BUSES FOR SALE

NOVA REGION 9 is seeking sealed bids for two out of service school buses. Both buses are as is where is condition. The buses are on display at the NOVA Office, 635 Waldo Street, Rumford.

#14 1981 GMC 29 passenger, gas engine, 94,446 miles
#15 1979 CHEVY 26 passenger, gas engine, 69,474 miles

BIDS SHOULD BE MAILED TO:

NOVA Region 9

635 Waldo Street

Rumford, Maine 04257

All bid envelopes are to be labeled: SCHOOL BUS BID

DEADLINES FOR BIDS: NOON, September 14, 1994

BID OPENING: 12:30 September 14, 1994 at 635 Waldo Street

AWARDING BID: The awarding bid will take place at the September 20, 1994 NOVA Board Meeting

The successful bidder(s) will have seven business days to pay the amount of the bid by certified check or money order and to remove the bus(s) from the NOVA property. NOVA reserves the right to reject any and all bids.

Beautifully wooded house lots for sale located at the new and expanding Mt. Abram. Ideal for vacation or year round homes!

Starting at \$27,500

Mt. Abram 207-875-5003

Route 26 • Locke Mills, Maine

FOUR SEASONS REALTY

For all your real estate needs

207-875-2414 • 207-665-2883

WATERFRONT

Concord Pond: Log-Cabin, offers 2 bdrms., 300+ shorefrontage, 1.9+/- acres ... only \$57,000

South Pond: Nearly, new 3 bdrm. ranch in secluded area offers privacy, views and ROW to beach. Large 1/2 acre lot ... \$145,000

1/4 acre Lake Christopher building lot with over 200' shorefrontage! Owner financing available. \$99,000

2 bedroom ranch: full basement, garage and frontage on Lake Christopher in like-new condition. \$110,000

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2 bedroom ranch: full basement, garage and frontage

Classifieds ~ Call 824-2444

The seasonals are here!**The seasonals are here!****Properties are going fast and furious!****Don't miss out** on this winter's seasonal rentals.

Let our professional staff discuss ways to maximize your income next winter!

Bethel's only full service rental & property management agency

Give us a call to set up an appointment!

Creative Management Associates
115 Main St., Bethel 824-4044**Mahoosuc Realty, Inc.**
Corner of Main & Vernon Streets
PO Box 508 • Bethel, Maine 04217

If you are thinking of selling . . . we'd love to talk with you.



Attractive and well-maintained 5 bdrm. home located in the Historic District on Church St. in Bethel Village. Fireplace, pine & hardwood floors. Separate apt. & retail space. Nice yard \$200,000



Antique farmhouse situated on 33+/- acres of land on Bird Hill Road in Bethel. 3 to 4 bdrms., attached shed, spacious country kitchen. Lovely views, privacy! \$179,000



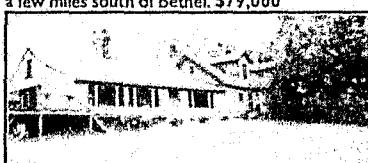
Lake Christopher, 6.7 acres of land with a boat house situated at the end of the road with beautiful views. Soil tested, privacy. A great spot for your vacation home. \$98,000



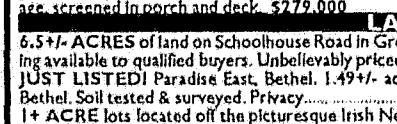
Round Pond. A very special 4 bdrm. camp in nice wooded location. Well maintained camp with great water views, open living room, spacious kitchen with cookstove, screened in porch. Only a few miles south of Bethel. \$79,000



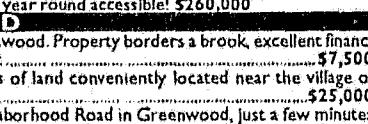
South Pond. Well built 4 bdrm., 3 bath year round home with 175+/-' of private frontage. Cathedral ceiling in living room exposing the lovely brick fireplace. Family room with addit. fireplace, large garage, screened in porch and deck. \$279,000



Indian Pond. 102+/- acres of natural beauty on Indian Pond in Woodstock. Approximately 400' of shore frontage. Spacious 7 room home with a large family room, stone fireplace, deck, views, year round accessible! \$260,000



6.5+/- ACRES of land on Schoolhouse Road in Greenwood. Property borders a brook, excellent financing available to qualified buyers. Unbelievably priced at \$7,500



JUST LISTED! Paradise East, Bethel. 1.49+/- acres of land conveniently located near the village of Bethel. Soil tested & surveyed. Privacy.

14 ACRES lots located off the picturesque Irish Neighborhood Road in Greenwood, just a few minutes from Bethel. Unbelievably priced at \$8,000

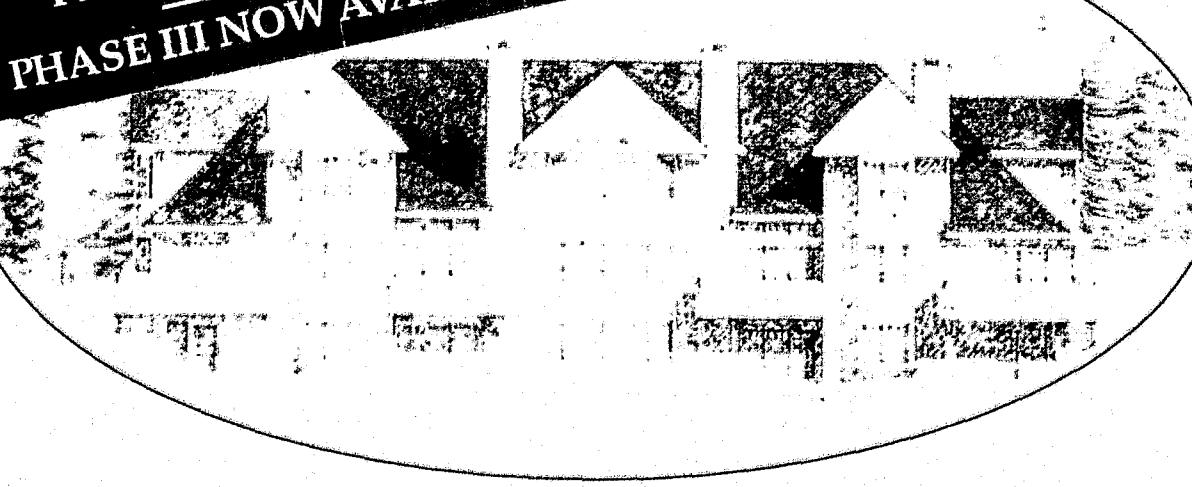
2.1+/- ACRE lot with views of the Ellis River. Lightly wooded lot located on Rte. 5 just a few minutes from Hanover. \$17,000

MEADOWS: babbling brook, views within walking distance of North Pond. 3.1 acres on Bird Hill in Woodstock. \$24,500

334+/- ACRES of elevated land on the South Rumford Road with unbelievable views of the Androscoggin River to Saco River. Very private. \$33,000

Please write or call for a brochure of all our listings.

Tel: 207-824-2771 • Fax: 207-824-2061

The New Locke Mountain Townhouses**PHASE II ONLY 1 LEFT!**
PHASE III NOW AVAILABLE!

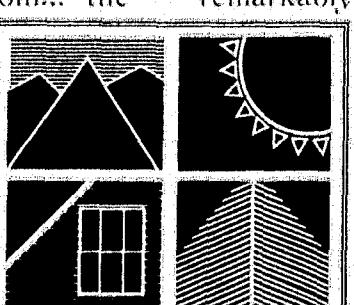
Trail Elevation

Slopeside ♦ Quality Construction ♦ Panoramic Views

Ski to your door in the afternoon. Stoke up the fire -- and relax. Watch the sun set over the spectacular Mahoosuc mountain range... from the livingroom of your new Locke Mountain Townhouse.

It's more than a slopeside condo--it's a true four-season second home. Superior construction. The utmost in convenience and privacy. You'll enjoy the fully equipped kitchen... the cathedral ceilings... the large master bedroom... the plush wall-to-wall carpeting... the tasteful and comfortable design.

Select from two spacious floor plans. In the 1800 square-foot configuration, you'll enjoy three large bedrooms, a loft, a daylight basement and the luxury of three full baths.



In the 1660 square-foot configuration, you'll relax with three full bedrooms and two and a half baths.

Each winter, you'll step out the door and into your skis. In the summer, you can hike, mountain bike, fish, golf and explore the cool green mountains. Locke Mountain Townhouses offer you four-season recreational opportunities. All this comfort, all this convenience is available now... at remarkably attractive prices. Compare... you won't find better value in slopeside second homes ANY WHERE in snow country.

Call Sunday River Realty today at (207) 824-3000 ext. 333, and learn how you can enjoy the best of Maine's Western Mountains... four wonderful seasons a year.

Offered Exclusively By Sunday River Realty

FOUNDATIONS UNLIMITED
Bethel Area . . . pick your lot, for this 3 bedroom Keiser Ranch 24 x 40 on 5 AC lot with concrete foundation, hot water BB heat, drilled well. A Real Buy at \$69,900
645-3272 Richard Tibbets
539-2996 Dale Merrill**T A K E A
Close look**
At Our Dream Maker Vacation Rentals
From Overnight stays to Year Long Rentals
Those who insist on the best call
Maine Street Realty, Inc.
(Inited but not negotiatd in area rentals)
Main Street • PO Box 901 • Bethel, Maine 04217
207-824-2114**Maine Street
REALTY****REduced**
Everything you need under one roof! Tastefully decorated 2 bdrm. unit sleeps 6. Outdoor swimming pool & laundry facilities on property. Convenient to Bethel, Sunday River & the White Mtns. Only \$45,900
\$35,000**CAMPS**
#407 Oilsfield, Crooked River camp \$15,000
#391 East Bethel brookside camp \$18,000
#393 Rt. 232 year round mobile home \$19,500
#403 Albany camp on 2 1/4+/- Acres \$25,000
#365 Woodstock year round camp \$54,000
#405 115' frontage North Pond camp \$79,000**LAND**
#266 Harrison lot 1 1/2+/- Acre \$12,900
#285 Upton View lot 1 1/2+/- Acre \$12,900
#291 Mt. Abram, wooded 2 1/2+/- Acres \$19,900
#293 Albany Mtn. top 49+/- Acres-Reduced \$14,900
#295 Woodstock 2 1/2+/- Acres \$24,900
#2708 Twitchell Pond w/mt. 1+/- Acre \$6,900**MAIN STREET • PO BOX 901 • BETHEL, ME 04217
(207) 824-2114****Three Bedroom Ranch:** 7 acres, trout stream and pond. Minutes to Sunday River Ski Resort. Asking \$86,500 (#4168)**170 year old Farmhouse:** has 4 1/2+/- acres and is just like stepping back in time. Home includes 10 rooms but does need much TLC. Excellent deal for just . . . \$52,800 (#3904)**Land** \$14,900

4194: Locke Mills - Greenwood Rd. 2.5 acres \$16,500

4147: Andover - off Route 120, 10+/- acres \$14,900

4112: Rumford Point - Home lot in subdivision \$12,900

4011: Andover - 153+/- acres \$180,000

3465: Upton - Back Street, 5.2 acres \$8,500

3945: Andover - Route 5 - 12.6+/- acres \$11,000

ERA® LEAVITT
26 Franklin St., Rumford • 369-0551**ALBANY**
Ranch 4 +/- acres, fully landscaped, garage with carport, woodshed, tool house \$59,900**WOODSTOCK**
Mtn. farm, 8 bedrooms, excellent! \$125,000
Russian Furnace & fireplace, spectacular views.**LAKE CHRISTOPHER:**
Cottage 5 acres, Lake Christopher \$59,900**WATCHEL POND**
36.6 +/- acres, beach 1000', trailer with power, septic and water. 1+/- Acres \$35,000**MILTON**
4 Bedroom, new vinyl siding, new septic and water \$45,000
Cottage \$59,900**LAND**
10+/- Acres secluded, end of road \$22,000
1+/- Acre Sheepskin Bog \$15,000
8+/- Acres End of Road \$21,000
2+/- Acres with 25 ft. right of way to North Pond \$15,000
Soil tested, power & water
Bethel 1 3/4 +/- acres Rt. 26 \$29,000
9+/- Acres Black Brook Road \$22,000**LOCKE MILLS**
Trailer, septic, H2O, Power, landscaping \$35,000**Sweet Violets Realty**
665-2535**Kennett Realty, Inc.**

45 Broad Street • PO Box 269

Bethel, Maine, 04217

JUST BEYOND THE BETHEL INN

(207) 824-3187

(207) 824-3444 Fax

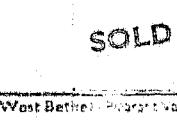
SELLERS . . . KENNETH REALTY LEADS IN AREA SALES!



Sunday River Skilift Exciting 1 bdrm. ski-in/out condo



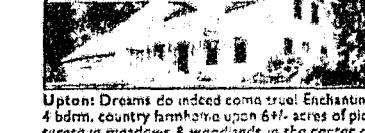
Woodstock Cabin - cabin on land w/ water



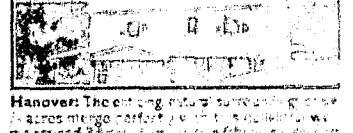
West Bethel - property valley setting

ACTIVITY HAS BEEN GREAT!

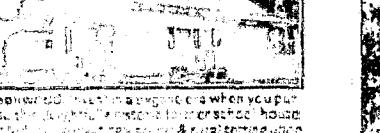
BUYERS . . . WE OFFER THE LARGEST SELECTION OF AREA PROPERTIES!



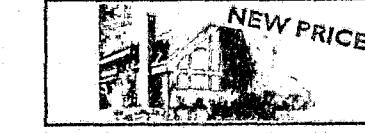
Upton Dreams do indeed come true! Enchanting 4 bdrm. country home on 6 1/2+/- acres of picturesque meadows & woodlands in the center of Western Maine's pristine beauty & recreation. Only \$75,000



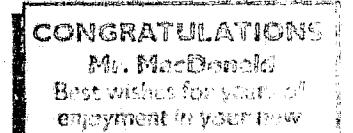
Hanover: Take a look at this unique 3 bdrm. home with 1000' of water frontage on a 1/2 acre lot. \$125,000



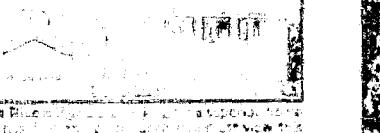
Greenwood: Just a few steps from the school grounds, this 3 bdrm. home has a large sunroom, deck, and a 1 car garage. \$165,000



Newly: Exhibiting a response of graceful design and quality construction, this strikingly beautiful, contemporary feature, a spectacular view and 2 separate living areas. Just Reduced to \$149,000!

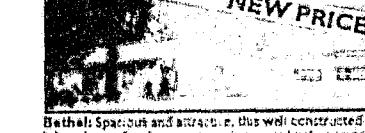


Sunday River & Mt. Abram Skiway Areas are growing & commercial opportunities await!

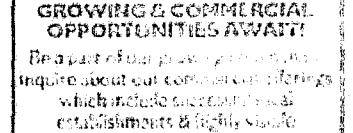


Bethel: Spacious and private, this well constructed 3 bdrm. home has been one of the most highly desired with its large, bright, open floor plan, large sunroom, deck and large rear and grounds. Also private, equipped for the physically challenged. \$145,000

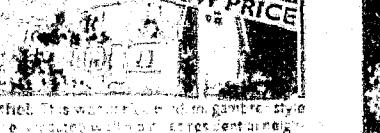
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Twitchell Pond: Breathtaking private waterfrontage. 8+/- acres of land. Reduced to an amazing price \$65,900



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NEW LISTING: Greenwood: BIRD HILL: Beautiful 23+/- acre lot in the much-admired Bird Hill Estates Subdivision. Enjoy dramatic mtn. views & proximity to many of the recreations of Mt. Abram. acre lots are now available for the 1 season home of your dreams! Just Reduced to \$25,500



dramatic mtn. views & proximity to many of the recreations of Mt. Abram. acre lots are now available for the 1 season home of your dreams! Just Reduced to \$25,500



Chestnut Knoll: Magnificent subdivision has developer's professional carefully thought out trademark. Marvel at the astounding white birches amidst a scenic mtn. backdrop. From \$22,700

BETHEL: 98+/- scenic acres in most coveted natural setting is now available for ONLY \$69,900. Don't miss out on this unique and wonderful opportunity.

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FOREST HOMES: Pristine 2+/- acre lots along the tranquil shores of this coveted subdivision. Fabulous views of Bethel Village & the White Mtn. Range. Professional development, zoning and permits for the ideal homesite has ended! From \$19,700

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WOODSTOCK: A charmingly secluded, 7/4+/- located on a private road with proximity to town conveniences is sure to please!

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FALL LINE: 1 BR From \$51,900

FALL LINE: 1 BR From \$51,900

FALL LINE: 1 BR From \$51,900

FALL LINE: 1 BR From \$59,900

FALL LINE: 1 BR From \$59,900

FALL LINE: 1 BR

Obituaries

GEORGE R. STEARNS

George R. Stearns, 72, died Wednesday, Aug. 24, 1994, at his home on the Cemetery Road in Carthage.

He was born in Hanover on July 28, 1922, son of Arthur and Una (Roberts) Stearns. He was a graduate of Gould Academy.

Mr. Stearns worked for Ralph L. Clark delivering bottled gas for over 26 years until his retirement in 1986. He was married in Bethel on Aug. 30, 1948 to Marilyn Jamison. He was a member of the Webb River Grange. He was also an avid fisherman and enjoyed camping, snowmobiling, woodworking and gardening.

He is survived by his wife Marilyn of Carthage; one son, Arthur of Bath; three daughters, Mrs. Larry (Nancy) Blodgett of Carthage, Mrs. Douglas (Esther) Gerdman of St. Charles, Mo., Mrs. Kevin (Julianne) Behnke of Gonic, N.H.; a sister, Mrs. Robert (Mary) Billings of Bryant Pond; and six grandchildren.

MINA B. WHITTIER

Mina B. (Pierce) Whittier, 74, of West Paris, widow of Francis L. Whittier and E. Arthur Baker, died Wednesday morning, Aug. 24, 1994, at Stephens Memorial Hospital, Norway, after an extended illness.

Mrs. Whittier was born in North Waterboro on March 15, 1920, the daughter of the late Milton J. and Lydia E. (Bean) Pierce. She moved

to West Paris soon after birth and maintained her residence in that community since then.

She attended the West Paris schools and graduated from West Paris High School in 1939. A homemaker for the greater portion of her life, she also had been involved in the school lunch program, first as the director of the West Paris program, and later as the head baker for the Oxford Hills High School program, from which she retired nearly a quarter of a century ago.

In 1938 she married Arthur Baker, who died in 1971, later marrying Francis L. Whittier, who died Nov. 13, 1989.

Mrs. Whittier was a member of the West Paris Universalist Church and belonged to the Forward Fellowship group of that church. She also held membership in the American Legion Auxiliary, Post 150, of Mechanic Falls, and was active in the West Paris Alumni Association.

Mrs. Whittier is survived by two daughters, Jean B. Pierce and Christine S. Kennison, both of South Paris; two sons, Larry W. Baker of Connecticut and Leon R. Baker of West Paris; three stepdaughters, Marjorie Mailloux of Richmond, Patricia Thurlow of Woodstock, and Polly Croteau of West Paris; two stepsons, James Baker of Norway and Richard Baker of West Paris; 30 grandchildren; 40 great-grandchildren; and three great-great-grandchildren. She was also

pre-deceased by two grandchildren. Funeral services were held Friday, Aug. 26, at Andrews Funeral Home, South Woodstock. Interment was in Wayside Cemetery, West Paris. Friends who wish may make memorial contributions to the West Paris Alumni Scholarship, P.O. Box 179, West Paris, ME 04289.

NAOMA L. WYMAN

Naoma L. Wyman, 86, of Norway, died Wednesday, Aug. 24, 1994, at Market Square Health Care Facility, South Paris.

She was born at Portland on April 15, 1908, the daughter of Clifford and Mary Marston Bristol. She was educated in Andover schools. For many years she took care of children in her home as well as being a homemaker. She married Elliott ("Doc") Wyman on Oct. 27, 1929. He died in January 1980.

Mrs. Wyman is survived by one daughter, Jeanene Gatchell of South Paris; one son, Harlan Wyman of South Paris; six grandchildren and eight great-grandchildren.

Funeral services were held on Saturday, Aug. 27, at the Raymond/Weston-Chandler Funeral Home, Norway. Interment was in Norway Pine Grove Cemetery. Donations in Mrs. Wyman's memory may be sent to Androscoggin Home Health, 8 Winter Street, Norway, ME 04268.

Funeral services were held Monday, Aug. 29, at the Andrews Funeral Home, South Woodstock, with the Rev. Nathan Seckinger officiating. Interment was at the Mount Abram Cemetery, Locke Mills. In lieu of flowers, donations can be made in her memory to the Bethel Rescue, c/o Arlene Greenleaf, Bethel, ME 04217.

Card of Thanks

Doris and Bill Slattery wish to thank friends and relatives for any support during my stay in the hospital and nursing home. Love is one of our greatest blessings.

Thank You All

With Love, Doris and Bill

LELIA L. MCALLISTER

Lelia L. McAllister, 66, of Locke Mills died Friday, Aug. 26, 1994, at Stephens Memorial Hospital, Norway.

She was born in Rumford on April 29, 1928, daughter of Dennis and Lillian (Keene) Swan.

She was educated in Locke Mills schools and graduated from Woodstock High School. She worked as a telephone operator most of her life. She worked for Van Telephone Co., which later became ConTel, and she also worked as an operator for Bryant Pond Telephone Co., from which she retired. She was a 40-year member of the American Legion Auxiliary, Jackson-Silver Post 68 of Locke Mills. She enjoyed visiting relatives, friends and attending cookouts. She lived in Locke Mills since 1963, coming from Bethel. She married Rodney McAllister on Aug. 31, 1957.

Besides her husband, she is survived by two brothers, Edmund Keene Swan of Foster City, Calif., and Dennis Raymond Swan of Bethel; and one sister, Louisa Noyes of Bryant Pond.

Funeral services were held Monday, Aug. 29, at the Andrews Funeral Home, South Woodstock, with the Rev. Nathan Seckinger officiating. Interment was at the Mount Abram Cemetery, Locke Mills. In lieu of flowers, donations can be made in her memory to the Bethel Rescue, c/o Arlene Greenleaf, Bethel, ME 04217.

MABEL DUDLEY

Mabel Dudley, 70, died Thursday, Aug. 25, at Stephens Memorial Hospital, Norway.

She was born at Albany on March 19, 1924, daughter of Arthur and Maryanne Churchill. She married Perien Dudley on April 2, 1947. He died March 15, 1984.

She is survived by two sons, Perien Dudley, Jr. of North Carolina and John Dudley of Fryeburg; a daughter, Linda Lou Wilkins of Lisbon Falls; and three sisters, Lillian Gary of Auburn, Evelyn Brasier of Falmouth and Dorothy Brown of Strong. She was predeceased by two brothers, Maurice and Henry Churchill.

Graveside services were held at the Norway Pine Grove Cemetery, South Paris.

Births

Joseph and Nancy Sabin III, Bethel, are pleased to announce the arrival of a baby boy, Mitchell Clayton, born on Aug. 27 at 3:40 a.m. at Stephens Memorial Hospital, weighing 7 lbs, 10 ozs.

Maternal grandparents are Robert and Janet Gould Sr. of Bethel.

Paternal grandparents are Mr. and Mrs. Joseph E. Sabin, Jr. of Exeter, R.I.

Mitchell joins a sister, Ashley May, 2, and a brother, Jonathan David, 5.

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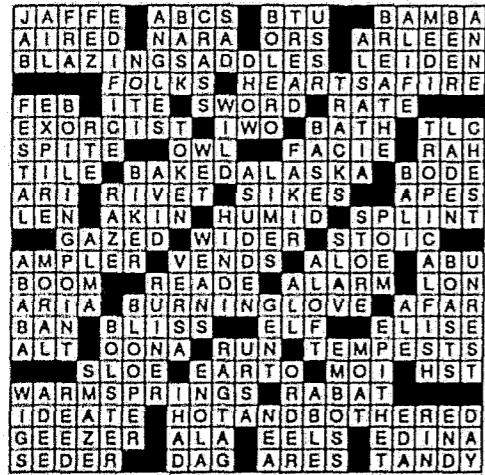
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Answers to Super Crossword



Doris and Bill Slattery wish to thank friends and relatives for any support during my stay in the hospital and nursing home. Love is one of our greatest blessings.

Thank You All

With Love, Doris and Bill



SAVE \$100

NOW
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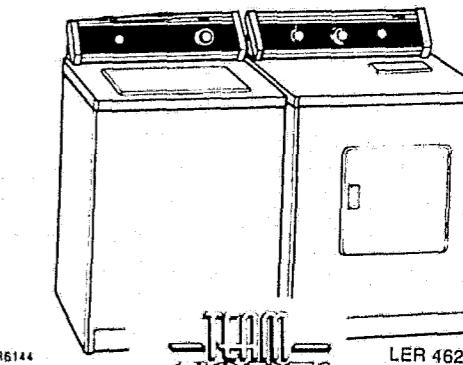
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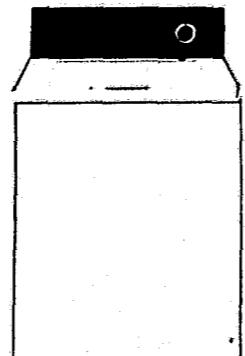
For Labor Day Holiday

ALL DISPLAY & CLASSIFIED ADVERTISING & NEWS ITEMS ARE DUE AT THE CITIZEN

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for the September 7th issue.

The Bethel Citizen office will be closed on Monday, September 5th in observance of Labor Day.

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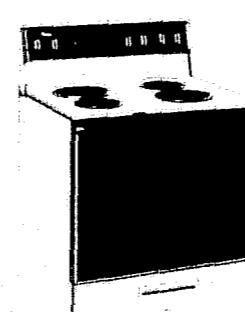
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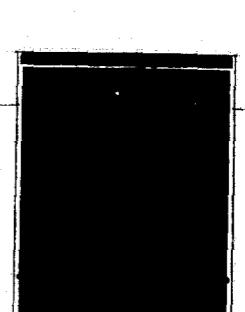
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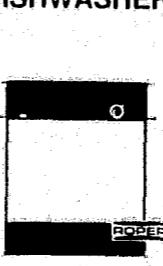
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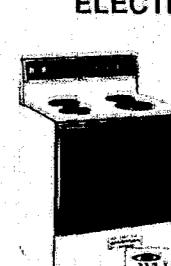
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